



Elizabeth Douglas

Speech and Language Therapist NHS

What does your job involve?

I work in a community post with children aged 0 – 11. I complete assessment and therapy in a variety of settings, including mainstream schools, nurseries and in clients own homes.

When did you start your job, and how did you find it?

I started in September, soon after I finished University. I love my job. It's really nice having such a varied caseload and I have a really supportive supervisor and team.

How did you prepare for interviews?

I used a lot of my revision material for the theory side of things. Then me and my friends all came up with interview style questions and practiced these together

What does your typical day look like?

I normally head to the office in the morning to plan for the day then will be out to sessions with children at school, in nursery or home visits until lunch time. I'll then come back to the office to complete clinical notes and reports.

Do you have supervision support as an NQP and are you currently working through your competency framework?

Yes, I have regular supervision. I have just started to look at my competencies now.

My advice to students:

Keep all your revision and coursework material they are really useful for interview practice and when you are actually in the job.

Don't put too much pressure on yourself to find a job straightaway, ensure that you find a job that suits you best!

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