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Live Loud!

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A collaborative project with Parkinson's UK,
Cardiff Metropolitan University and Cardiff & Vale UHB
to promote long-term self management of communication
needs for people with Parkinson's.



What we did

- Partnered with PUK to develop a group which would provide:
 - ✓ a meaningful conversation opportunity
 - ✓ self-management of pwp's long-term communication needs
- Invited Cardiff Met to become involved with student volunteers



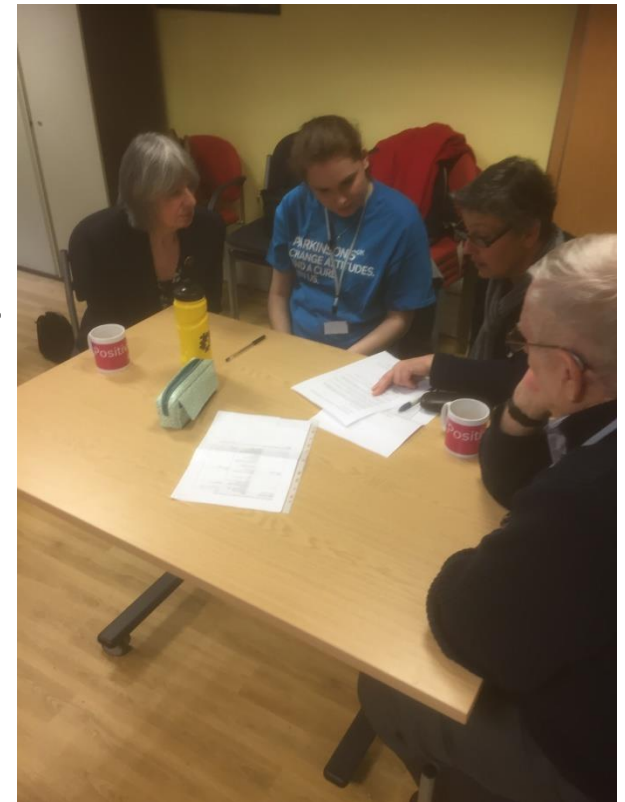
Why we did it



- Initial meeting with PUK highlighted need
- Feedback from therapy groups - need for ongoing conversation support
- Miller research – meeting a need not currently addressed though therapy

How we did it

- Run by Parkinson's UK
- Support and training provided by Speech & Language Therapists & the MDT
- Volunteer led
- Groups consist of both people with Parkinson's and SLT students



What were the outcomes?



- “I’m not conscious of my symptoms when I am here”.
- “I can say I’ve got Parkinson’s here”
- “It gives me confidence meeting people in the same boat”
- “I go away feeling better”
- “Inhibitions get dropped here”
- “It helps me to speak more confidently”
- “I’ve met a great group of people”
- CPIB results



Live Loud! (Video Clip)

Acknowledgements...

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- PUK – specifically Suzanne Marchment, Area Development Manager for South Wales
- Eirwen Malin, lead volunteer and all the volunteers
- Katie Earing at Cardiff Met University
- Our SLT colleagues– Natalie Elliott and Alison Sawyer and the CAV Parkinson's service

•References:

•**Life with communication changes in Parkinson's disease.**[Miller N¹](#), [Noble E](#), [Jones D](#), [Burn D](#). [Age Ageing](#). 2006 May;35(3):235-9. Epub 2006 Mar 15.

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