1 year on as a SLT

Eve Groarke
Hello my name is Eve

Speech and Language Therapist.

I work in a residential village for adults with learning disabilities who present with behaviours that can challenge.

Finding a job

- Person specification
- Mission statements/values
- Reflections on experiences

- Therapy assistant → NQP
My job

- Hesley Village
- MDT – OT, behaviour therapy, psychology, care
- Assessment
- Direct therapy – Makaton, PECS, intensive interaction, social skills, life books
- Indirect therapy – training, visual resources, supporting care staff
Other…

- Meetings, meetings, meetings
- Mental Capacity assessments
- Enabling people to be more involved in their care
Still learning!

- NQP competencies
- Supervision – monthly, direct
- Dysphagia training
- Learning from other members of the MDT
Take home messages

- Working in learning disabilities is varied and draws on many skills we learn in paediatrics and adult acquired lectures/placements.
- Sometimes the most valuable thing you can bring to a role is your values as a SLT – don’t underestimate it!
- Keep learning, keep pushing yourself—be brave!
- Be honest with your supervisor, ask questions but also share the good stuff