

RCSLT Scotland Update

1 October 2020



Looking after yourself

We heard from Scotland's RCSLT members this week that they are feeling understandably tired. Remember RCSLT are here to support you. Here are few things you might want to tap in to –

- <https://www.promis.scot/> - this is the mental health and wellbeing hub set up by Scottish Government especially for health and social care staff.
- Look out for the RCSLT Redeployment and Resilience Statement due out soon. We'll post the link out to members via the usual channels including @rcsltscot and it will appear at www.rcslt.org.
- RCSLT has a lot of well-being resources on our Covid pages at <https://www.rcslt.org/learning/covid-19/resilience-self-care>

If you have more ideas on how RCSLT and / or SLTs might support each other through the pandemic please let us know and we'll do what we can to help bring your idea to fruition.

New Resources from RCSLT

RCSLT guidance and resources are available [here](#) and are updated regularly. Non-member students can apply for access [here](#).

- **PPE Guidance Update** – policy statement on transparent face masks [here](#). Please get in touch with us at RCSLT Scotland if you require an update on Scottish Government policy.
- **DLD Webinar 'When is a diagnosis appropriate?'** – register [here](#).
- **75th Anniversary celebration** – details on how to join in with social media (Twitter and Instagram) [here](#).
- **Giving Voice Twitter takeovers** – follow @GivingVoiceUK on Twitter.
- **CYP Mental Health learning journey** – development consultation is open [here](#) until Tues 5 October.

New from Scottish Government and Scottish Parliament

- **Near Me:** The Scottish Government has published a [national equality impact assessment](#) of the Near Me programme. An [appendix](#) providing supporting evidence has also been published.
- **COVID-19 Shielding:** Public Health Scotland has [published](#) findings from a survey about the COVID-19 Shielding Programme.

- **Children’s Rights:** The Scottish Government has published a [children’s rights and wellbeing impact assessment](#) about the impact of the latest COVID-19 restrictions on children and young people.

New Health and Care Resources

- **Survey of Safety of Older Workers** – organised by the Scottish Pensioners Forum [here](#).
- **MSC in Educational Assistive Technology** – information for January 2021 intake at Dundee University available [here](#).
- **Test & Protect Resources** – including explainer video in BSL [here](#).
- **Frailty Matters House** – ALLIANCE Zoom event on Mon 5 Oct sharing the work of the Frailty Matters Project, register [here](#).
- **Rehabilitation Research, Practice and Education** – online conference Tues 10 and Wed 11 November details and registration [here](#).
- **MS Society ‘Too Much To Lose’** – report on community rehab [here](#).
- **Management of oropharyngeal secretions** - in patients with tracheostomies on Wednesday 21st October 13:30 register [here](#).
- **Alzheimer Scotland Report** – Covid impact on people with dementia [here](#).

Update from Hub Forum Scotland

- #SLTappreciation: 2020 has been a challenging time for everyone but there have been some excellent examples of innovative and inspiring teamwork. Instead of the having an awards ceremony this year please share what you are proud of or wish to celebrate by using #SLTappreciation on Twitter, Instagram and Facebook.
- Work continues on defining the scope of Advanced Practitioners. We are working with NHS Scotland and Judith Broll (RCSLT Director of Professional Development and Practice).
- What can we do to increase member engagement? Rachel Purkett (RSCLT Director of Engagement and Communications) joined us. Continue to sign up to the website and complete your member profile to receive targeted news and development opportunities and follow us on social media @ScotlandSLTHub
- RCSLT Scotland Officers are writing manifesto asks for the Scottish General Election in 2021. The asks so far include “Right to Rehab” and “Inclusive Communication Law for Scotland”. Please keep checking RCSLT newsletters for ways in which you can help raise these with candidates in 2021!
- RCSLT is addressing diversity, inclusion and anti-racism across the profession. Have you visited the [Diversity Hub](#) yet?

The next Hub meeting will be on the 15th December 2020. Let us know if you have any questions or comments for discussion by tweeting @ScotlandSLTHub or emailing the office team (details below).

RCSLT Scotland Contacts

[Kim Hartley Kean](#), Head of RCSLT Scotland Office 07712 525 329

Monday – Thursday, 9am – 6pm

[Robert MacBean](#), Policy Officer

Tuesday & Wednesday 10.30am – 4.30pm; Thursday 10.30am – 3.30pm

[Andrena Wilson](#), PA and AHPFS Secretariat 07854 081 973

Monday, Tuesday and Thursday 9am - 4pm and Wednesday 8.30am – 1pm

[RCSLT Information Team](#) 0207 378 3012 Monday to Friday, 9-5pm

