All’s Well that Ends Well: NQP panel
RCSLT NATIONAL STUDENT STUDY DAY

Transition from student to NQSLT

Nathan Veglio
Before Applying for jobs

- Started in around Jan/Feb 2019 as my MSc course finished in August 2019
- Updated my NHS jobs profile (including student placements, non SLT roles)
- Asked my referees
- Made a (brief) list of what I was looking for in a job role (not rigid)
- Last year someone at this event said "be specific about location or job role".
- Put the feelers out, request opportunities to shadow, do the team think there may be jobs coming up etc..
- Regularly check NHS jobs for the ideal position, daily alerts with your specifications
life as a healthcare professional:

(confused screaming)
**Application**

- Specific to each job role
- What are the trust values, relate this to application and your experience.
- Ask peers/ lecturer etc. to read it and ask for feedback
- Email/ ring/ contact the employer to ask for more information (don’t harass them) (let them know when you’re HCPC is likely to come through)
- Once you’ve applied, **move on**. You can't do anything about it once it’s submitted so there is no point over thinking it.
- If you don’t get an interview, ask for feedback on profile. You may not always get a response but worth a try!
ACTUAL footage of my first time doing a formal assessment.
Interview

- Applied 6 jobs, 5 interviews (2 for the same job)
- What might your job role involve, what might they ask?
- What recent reading have you done and how has it influenced your practice?
- Trust values
- Mock interviews, ask lecturers, peers, friends etc.
- Have questions prepared for end of interview. Training & CPD opportunities. Your chance to interview them.
- If you don’t get the role, ask for feedback, record it and reflect on it. Use it going forward.
- Don’t just take the job just because you are offered it, pros and cons, what is the team like, do you see yourself there in five years.
Addenbrookes hospital

- Moved to Ely.
- Started in August 2019.
- Started as an SLTA as my HCPC hadn’t come through (2 months).
- First few days included trust inductions etc asked to shadow areas of interest e.g. MND clinic and Head and Neck cancer.
- Shadow different SLTs to observe different styles.
- Ask for help when you need it.
- Training & CPD opportunities
PATIENT AFTER SAFELY SWALLOWING THEIR FOOD

FOOD THAT WAS HIDING IN THE VALLECULAE
Continued

DYSPHAGIA COURSE/ RCSLT COMPETENCIES

HAVE A LIFE.

BE WILLING TO GIVE THINGS A GO!
when you're a first year student and you're asked to make observation notes on a child in class
Male SLTs

- Perception of males.
- Equal treatment
- Gender divide
me live tweeting my first year as a practitioner:

Ariana Grande @ArianaGrande
hi i’m crying again. thank u and i love u.
ONE YEAR ON

SOPHIE HOWELLS
SOPHIE’S TRANSITION STRIP

December
February
March
April
July
December
RCSLT
Interview
Graduated
Travelling
Job
RCSLT
My name is Sophie.

I work for Hesley Group.

Specialist residential village in South Yorkshire.

I work with adults with autism, learning disabilities, complex needs and who present with behaviours that challenge.

I love my job.
SOPHIE’S VISUAL SCHEDULE

Monday: Makaton
Tuesday: PECS
Wednesday: transitions
Thursday: assessments
Friday: mental capacity

Groups: meetings
Emotion regulation: intensive interaction
Lego: therapy

Training: admin
Supporting community: PBS
Projects:
SOPHIE’S NOW AND NEXT BOARD

- **Now**
- **Next**
- **Later**
- **NQP competencies**
- **Dysphagia**
- **Progress**
SOPHIE’S CHOICE BOARD

- Juice
- Holiday
- Talking
- Hiking
good luck

thank you
Life as a Newly Qualified SLT!

FREYA SMITH
NQP SLT

EVERYONE DESERVES A VOICE.
About me

- Qualified in July 2018 from Birmingham City University.
- Sandwell and West Birmingham Trust – Children’s Therapies.
- Currently still working through my NQP competencies.
How did I prepare for my interview?

- Looked through the person specification
- Trust Values
- Practiced example interview questions
- Listed previous experiences
- Always think - WHY!
My job role

- Assessments
- Direct and Indirect Therapy
- Providing advice and support
- Attending meetings
- Report writing
- Managing school and clinic caseloads
## What does my working week look like?

<table>
<thead>
<tr>
<th>Mondays</th>
<th>Tuesdays</th>
<th>Wednesdays</th>
<th>Thursdays</th>
<th>Fridays</th>
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<td>Wellcomm Secondary</td>
<td>Schools/Admin</td>
<td>Clinic</td>
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<td>Services</td>
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<td>appointments</td>
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<td></td>
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<td>2 x therapies</td>
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Supervision

- Allocated a supervisor
- Supervision carried out every month.
- Will also have PDR reviews regularly throughout the year.
- Opportunities to get competencies signed off.
- As a team – regular band 5 meetings.
Top tips for students!

- Don’t be scared to ask for help!
- Stay organised and keep a log of what you do
- Challenge yourself!
- Self-care – look after yourself physically and mentally.
Thank you for listening! 😊

email address freya.smith2@nhs.net
Amy Bradshaw:
My journey from #SLT2b to NQP
All about me:
A brief introduction

UNIVERSITY OF HULL
BSc Psychology

TA
ABA Tutor
Course Director (EAL)

Manchester Metropolitan University
MSc (Pre-reg) Speech and Language Therapy

SLTA
(one day a week)

I want to be a SLT!

Alder Hey Children’s NHS
(B5) Speech and Language Therapist

hcpc health & care professionals council

LET THE WEEKEND THERAPY BEGIN
My current role: An overview

- Paediatrics – Community clinics and educational settings.
- Assess, diagnose and work collaboratively with children & young people (0-25), carers & professionals to support those with SLCN.
- Work varies from day to day, no two days the same.
- Typically:
  - Plan and carry out assessments or therapy sessions in community clinics
  - Education Setting visits e.g. nurseries, mainstream schools and specialist provisions
  - Plan and carry out groups (training adults or group therapy sessions)
  - Meetings with SLTs, carers and other professionals
  - Carry out administrative duties e.g. writing therapy plans and reports
  - Supervision – 1:1, work through NQP competencies and discuss caseload
  - Attend Clinical Decision Making Groups.
My current role: ‘WOW’ moments

Working collaboratively with patients and families...

having a positive impact!

Have you ever seen someone THIS excited after collecting their ID badge?

I’m a ‘LOL’ Doll, don’t you know?
Thinking ahead: Advice for the coming months

- Collate useful resources and consolidate notes
- Read job descriptions and plan a draft general statement
- Seek support and advice from university staff... it’s what they’re there for!
- Make the most of student benefits and take time out for YOU!
Thinking ahead:
Advice following completion of the course

- If you can, simply make the most of having time
- **Don’t** panic or rush into applying for or accepting a job, it has to be right for you!
- If you don’t get that first, second or third job you apply for – reflect, learn and grow! Ask for feedback, email your uni tutor, have a cry or laugh with your peers.. it’s okay!
- Don’t be afraid, go for it!
You’ve come so far:

A final note from me

Speech and Language Therapist

Effective communicator
Extensive knowledge base
Team player
Organised
Empathetic
Committed
Empowering
Problem solver

Flexible
Open-minded
Patient
Supportive
Compassionate
Motivating
Experienced
Willing
You!

..(almost)
You’ve come so far:
A final note from me

**Task:** Try to take the contact details of at least one other final year student today. Send a quick message when you can and simply check in.
We’re all in this together, we are the future!

... **Be kind to yourself** and **support one another** as you embark on your own amazing journey from #SLT2b to NQP!