



25-26 September 2019
IMPROVING QUALITY
IN SPEECH AND LANGUAGE THERAPY
EVERYONE'S BUSINESS

Royal College of Speech and Language Therapists

RCSLT Conference 2019

Improving quality in speech and language therapy: Everyone's business

#RCSLT2019

25-26 September 2019

East Midlands Conference Centre, Nottingham

RCSLT Conference 2019 keynote: Sarah Thomas



Sarah Thomas

Sarah Thomas is a parent-carer to five boys with special educational needs and a Contact Associate, currently supporting the delivery of Transforming Care in the North East Region.

Sarah Thomas is a parent-carer of five boys with individual needs. She has been involved in developing parent-carer participation both locally, regionally and nationally since 2007 when she was a founder member of the Shropshire Parent and Carer Council (PACC). In 2010 Sarah was invited to join the task force to establish the National Network of Parent Carer Forums (NNPCF) and served as a represented for the West Midlands Regional Network of Forums for several years. Sarah was elected Co-Chair of the NNPCF in 2012 and held this post until 2015 when she stepped down to deliver the Contact A Family Health Participation Project up until April 2016.

More recently, as a Contact Associate, she has led on a project to increase parent-carer participation in Transforming Care in the North East, developing best practice around improving outcomes for children and young people with learning disabilities and/or autism.

Sarah has a particular interest in promoting family resilience, person-centered approaches and enabling those with learning disabilities to live self-directed and fulfilling lives.