Welcome to the webinar:

Giving Voice to stammering

Monday 28 October 2019

#RCSLTwebinar

#Stammer
Welcome

Derek Munn
Director of Policy and Public Affairs, RCSLT
Presenters:

Elaine Kelman  
Head of the Michael Palin Centre for Stammering, Whittington Health NHS Trust

Rachel Everard  
Service Director, British Stammering Association

Steven Gauge  
CEO, Action for Stammering Children

Abed Ahmed  
Secondary School Maths Teacher, Washwood Heath Academy, Stetchford; Trustee for the British Stammering Association
Housekeeping

- Send in chat messages at any time by using the Chat button

- Send in questions by using the Q&A button

- This event is being recorded. See here for recordings: https://www.rcslt.org/webinars

- Kaleigh Maietta is on hand to help!
Aims and objectives

After attending the webinar, delegates will:

• Hear about how speech and language therapists work with and can support people who stammer

• Learn about what the British Stammering Association and Action for Stammering Children are doing to bring about change for the better

• Hear first-hand the experience of living with a stammer

• Learn some basic dos and don’ts for speaking to or working with people with stammer
Elaine Kelman
Head of the Michael Palin Centre for Stammering, Whittington Health NHS Trust
Elaine Kelman

• Consultant Speech & Language Therapist
• Head of Michael Palin Centre
• RCSLT Adviser for Stammering
What’s the latest research?

• Why do children stammer?
• Which children should we offer therapy to?
• Which therapy works best?
• The impact of stammering
Our role as therapists

- The language we use
- Balancing ‘it’s ok to stammer’ and therapy
Getting support

- CENs
- Michael Palin Centre helpline for therapists
- Michael Palin Centre training courses and supervision
- Michael Palin Centre website

www.michaelpalincentreforstammering.org
Steven Gauge
CEO, Action for Stammering Children
Suffering in Silence

Steven Gauge, CEO, Action for Stammering Children
What was our objective?

• To evaluate the extent to which specialist stammering services are available to children across the UK
What did we do?

• November 2018 – August 2019, FOI requests sent to:
  ENGLAND – local authorities; clinical commissioning groups (CCGs);
  NHS Trusts (providers)

  Scotland – health boards & councils

  Wales – health boards & councils

  Northern Ireland – health & social care trusts
What did we find?

• Around half of areas in England, Scotland & Wales offer specialist stammering services
• Over ¾ of Health & Social Care Trusts in Northern Ireland offer specialist stammering services
• In Scotland, 65% of Health Boards only offer some postgraduate training
• Qualitative data – supported idea of very mixed experiences of SLT support for children & young people who stammer
• Commissioning in England is complex and made it difficult to evaluate service provision (see Children’s Commissioner Report)
Additional factors to consider

• Demand – capacity ratio > suggests not enough SLTs in some areas for the amount of need

• Only considered NHS providers – in parts of England, up to half of speech therapy is provided outside the NHS. What types of specialist provision are in place in non-NHS organizations (if any)?

• Those who reported access to specialist service, many comprised either a handful of SLTs and/or service only available for part-week and/or covering large geographical areas
Policy recommendations

• Local access to specialist stammering services for every child who stammers across England, Scotland & Wales
• Early intervention should be prioritized
• Health & Education need to work more closely together
Rachel Everard
Service Director, British Stammering Association
STAMMA
The British Stammering Association trading as Stamma

5 YEAR PLAN
VISION & MISSION
BUILD COMMUNITY SUPPORT

We recognise the importance of building communities and the empowerment that brings. We will ensure our learnings around work to new website, use the new site to platform stories, showcase setting up local / online groups.

EDUCATE THE PUBLIC

We will run public campaigns so that the public understand that stammering in adults is largely a neurological condition, and often hereditary. So that they are better informed about what it is like to stammer; so that the public are better able to respond to someone who stammers.

BE EFFECTIVE & EFFICIENT

We will invest in our people, our fundraising, our communications and our systems to create a sustainable organisation. We will ensure financial stability by investing in our capacity to raise funds and meet our reserves policy. Initially, we will use our reserves to invest in a major change set out in this strategy.

REACH MORE PEOPLE

We will reach and help more people who stammer, and provide information, support, signposting. We will make sure our information is easily available, relevant and shareable. We will help connect them up with local and national networks and groups.
OUTDOOR ADVERTISING
ADVOCATING FOR PWS
STAMMA HELPLINE

TALK TO SOMEONE

IN THIS SECTION
Talk to Someone
Therapy & Courses
For Parents
In Education
At Work
The Law
Apps & Devices
Everyday Tips

HELPLINE
For information & support
Call free on 0808 802 0002
Weekdays 10am-12pm, 6pm-8pm
Confidential, anonymous
Email help@stamma.org

Just speaking to someone who understood
SPEECH & LANGUAGE THERAPISTS

IN THIS SECTION
Library
Speech & Language Therapists
Employers & HR Professionals
Health Professionals
Recruitment
Teachers
Glossary

HELPLINE
For information & support
Call free on 0808 802 0002
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Confidential, anonymous
YOUR VOICE

STAMMERING GIVES ME AN EDGE

ACCEPTING MY CHILD'S STAMMER

WILL MY CHILD STAMMER TOO?

HELPLINE
For information & support
Call free on 0800 802 0002
Weekdays 10am-12pm, 6pm-9pm
Confidential, anonymous
Email help@stamma.org

USEFUL LINKS
For Parents
About one in every 5 children will stammer. So if your child stammers, you're not alone. Here you'll find information and support.

For Parents
SUPPORT IN THE WORKPLACE

AT WORK

Don't let your stammer hold you back from the job or career you

IN THIS SECTION
Talk to Someone
Therapy & Courses
For Parents
In Education
At Work
Job Hunting & Interviews
Stammering at Work
Reasonable Adjustments
The Law
Apps & Devices
Everyday Tips

HELPLINE
For information & support
Join us and help create a better world for people who stammer.

stamma.org/join

I

STAMMER

my words are worth waiting for

I'm not nervous

STAMMER
MERCHANDISE
THE STAMMERING COMMUNITY

We know about stammering because we stammer. We’ll listen, help you find the information you need, talk through options and even help you practice speaking on the phone. Wanting what’s best? Worried about a child who stammers? Talk to us.

Free, confidential and anonymous, the helpline offers information and support to people who stammer and those close to them.

Tel. 0808 802 0002

Weekdays 10am-noon, 6pm-8pm
Run by people who know what it is to stammer.

East Suffolk and Norfolk Stammering Support Group
Ran by Stammerers for Stammerers
Abed Ahmed
Secondary School Maths Teacher, Washwood Heath Academy, Stetchford; and Trustee for the British Stammering Association
Advice for people who stammer

Abed Ahmed @stammer_teacher

Advice for all those who stammer and those who come across PWS
28th October 2019
#RCSLTwebinar
The start of my journey and what advice I would give..
Applying to University and what advice I would give..
My University experience and what I learnt..
Following University and what advice I would give..
Advice for individuals who stammer

- Feel the fear and do it anyway!
- Seek to thrive, rather than survive
- Talk to others
- Link in with others (local, national and international networks; social media).
Join the British Stammering Association (www.stamma.org)
Advice for educators who work with PWS

- **Consider**: are your teaching and learning opportunities inclusive? How do you ensure students and colleagues know that it’s okay to stammer?
- You don’t need to know all the answers
- Liaise with your Disability Team
- Find out more: BSA; STUC
- Spread the word! (International Stammering Awareness Day: 22\textsuperscript{nd} October)
Any Questions?
Find more webinars at:

www.rcslt.org/webinars