

# Evidence based practice

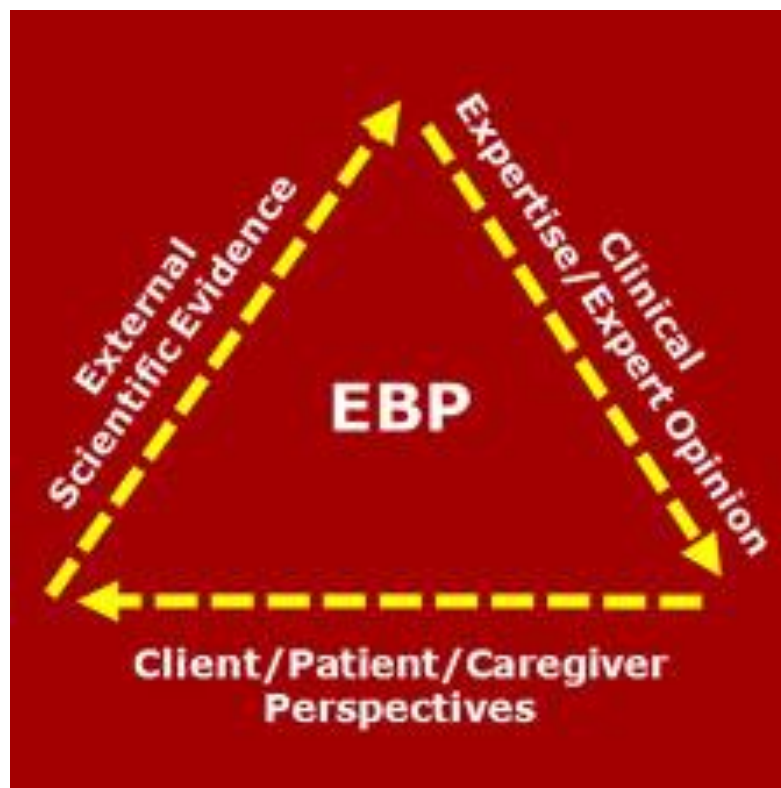
Lauren Longhurst  
Research Officer

# Plan



- Brief outline of support for evidence-based practice and research from the RCSLT
- For you to highlight other things that may be useful

# What is an evidence-based practice approach?



Source: ASHA

'Introduction to EBP'

<https://www.asha.org/research/EBP/Introduction-to-Evidence-Based-Practice/>

# Why is it important?

I want to be  
a clinician  
not a  
researcher

I need my  
therapists to  
spend most of  
their time on  
therapy

Do you not realise I'm  
already super busy?

Have you seen all the  
admin I need to do?

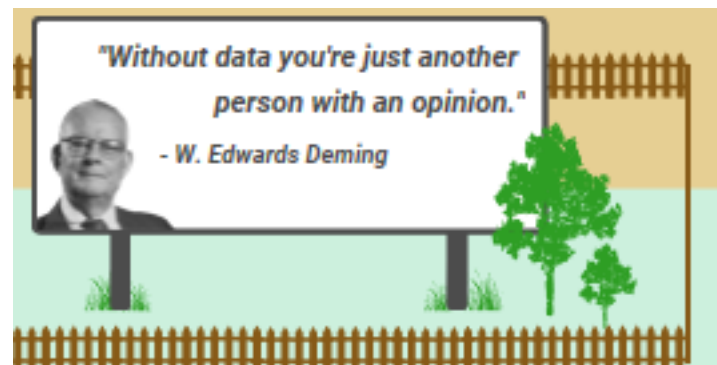
I'm not a team  
lead, it doesn't  
apply to me



# Why is it important?



- Healthcare services are being challenged to improve efficiency
- An evidence-based approach can help you provide safe, timely, effective, person-centred, equitable services
- Generating options
- Service-users want, and should have, quality services and their perspectives matter
- Commissioners need demonstrable evidence that what you are doing works
- Developing a workforce
- To make sure you are not wasting your time!

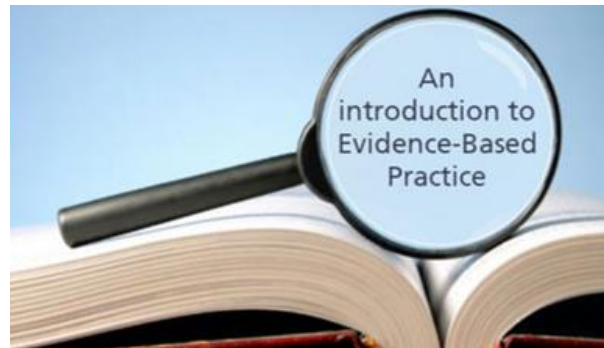


# MOTIVATION



Adapted from Luff et al. (2015)

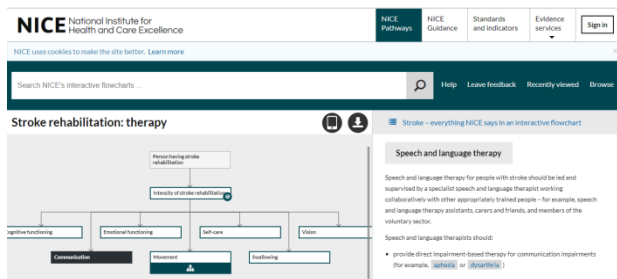
# Learn about EBP and research



Dancing  
statistics



# Find evidence to inform your practice



All Articles (36) External Scientific Evidence (35) Clinical Expertise (3) Client Perspectives (3)



# Use the evidence to inform your practice

## What Works?



**The Communication Trust**  
Every child understood



## RCSLT Online Outcome Tool

The RCSLT Online Outcome Tool (ROOT) supports you with collecting and collating TOMs data and generating reports.



The reports generated by the ROOT can be utilised by SLTs to inform clinical decision making and offer the potential to demonstrate the impact of SLT interventions for individual service users and cohorts of service users.

<https://tinyurl.com/y7ebkanc>  
ROOT@rcslt.org



# Add strings to your EBP/ research bow



### Research Champions Activity Menu

Use this list of activities to find ideas for how you can embrace your role as a Research Champion. If you have an activity or resource to add, if you have any questions or comments about this document, please email [katie.chadd@rcslt.org](mailto:katie.chadd@rcslt.org).

Establishing the role			
Activities	Expected/potential outcome	Recording impact	Helpful resources





## Experts, can you help?

We are looking for experienced professionals to join our funding committees. Make a difference to the future of research.

[www.nihr.ac.uk/NIHRcommittees](http://www.nihr.ac.uk/NIHRcommittees)

## NIHR Dissemination Centre

RATER FORM

# Getting started



**NIHR** | National Institute for Health Research

## We have two different pre-doc awards

	Pre-doctoral Fellowship	Pre-doctoral Clinical Academic Fellowship (PCAF)
<b>Applicant career trajectory</b>	Research Methodologist	Clinical Academic
<b>Academic/Clinical Split</b>	100% Fellowship	50/50
<b>Future</b>	PhD or Research methodologist	PhD
<b>Closing date</b>	24 <sup>th</sup> April 2019 by 1pm	11 <sup>th</sup> April 2019 by 1pm

**Make sure you are applying to the correct one**

## Mark Jayes - RCSLT Research Champion

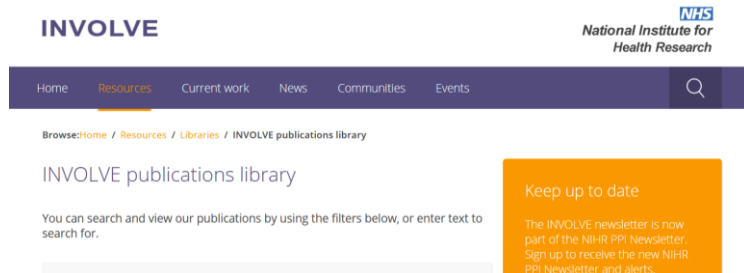
### Tips on applying for NIHR Masters in Clinical Research

Selection took place locally. I had to complete an application form and was interviewed by local researchers who taught on the course. At the interview, I was asked general questions about my clinical career, understanding of research, research interests and my ability to manage the academic demands of the course. I found the application process quite straightforward.

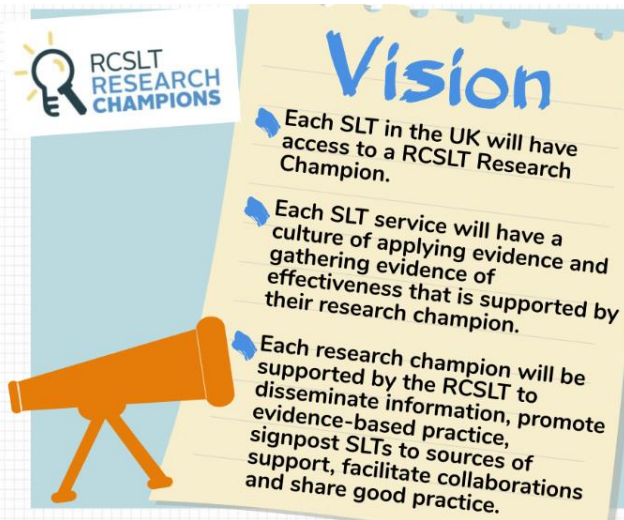
Since I applied in 2009 competition for places has increased and the application process has changed to reflect this. Applicants are now expected to outline a research proposal in their application and be able to talk about this at the interview. They've also been asked to discuss and critically appraise a recent paper they have read.



# Get support for your projects



# Support networks





# Find out about opportunities





### The RCSLT Research Newsletter

#### Clinical academic opportunities

The Alzheimer's Society is offering clinician and healthcare professionals training fellowships. Visit: [www.alzheimers.org.uk/info/20057/our\\_funding\\_schemes/628/clinician\\_and\\_healthcare\\_professionals\\_training\\_fellowships](http://www.alzheimers.org.uk/info/20057/our_funding_schemes/628/clinician_and_healthcare_professionals_training_fellowships)

Research for patient benefit programme – competition 35. Applications are invited for research proposals concerned with the day-to-day practice of health service staff which has the potential to impact on the health or wellbeing of NHS users. Visit: [www.nihr.ac.uk/funding-and-support/funding-opportunities/research-for-patient-benefit-programme-competition-35/7605](http://www.nihr.ac.uk/funding-and-support/funding-opportunities/research-for-patient-benefit-programme-competition-35/7605)

#### Research projects

The NIHR HTA-funded PD COMM multi-centre UK trial of speech and language therapy interventions for people with Parkinson's disease now has a quarterly Digest ([bit.ly/2jHPDn0](http://bit.ly/2jHPDn0)) and a Twitter account (@PDCOMM\_trial). The team hopes these tools will not just help build an SLT community around the trial, but will also help increase awareness, understanding and engagement with SLT-related research more generally.

#### Networks

The Contact, Help, Advice and Information Network (CHAIN) has developed a sub-group for people with an interest in care of older people, social care or dementia. Visit: [www.chain-network.org.uk/join.html](http://www.chain-network.org.uk/join.html)

#### Webinars

14 Feb, 10-11am: How NIHR uses Researchfish: webinar for researchers. Visit: [www.nihr.ac.uk/events/webinars/how-nihr-uses-researchfish-webinar-for-researchers/7221](http://www.nihr.ac.uk/events/webinars/how-nihr-uses-researchfish-webinar-for-researchers/7221)

#### Call for abstracts

29th Congress of Union of the European Phoniatricians, 13-16 June, Marina Congress Center, Helsinki, Finland. Deadline for abstracts: 15 January. Visit: [www.uep2018.com](http://www.uep2018.com)

27th European Stroke Conference, 11-13 April, Athens. Deadline for abstracts: 19 January. Visit: [www.eurostroke-conference.eu/index.php?id=19170](http://www.eurostroke-conference.eu/index.php?id=19170)

Hong Kong Speech and Hearing Symposium, 1-4 November, Shatin, Hong Kong. Deadline for abstracts: 31 March. Visit: [www.hongkongshs.org/program.html#abstract](http://www.hongkongshs.org/program.html#abstract)

The Neonatal Society Scientific Meetings: Spring Meeting, 22 March, London. Visit: [www.neonatsociety.ac.uk/meetings/meetingschedule.shtml](http://www.neonatsociety.ac.uk/meetings/meetingschedule.shtml)

RCGP Midland Faculty: Annual education, research and innovation symposium 2018, 17 May, Keele University. Deadline for abstracts: 25 February. Visit: [www.keele.ac.uk/pchs/newsandevents/coursesandevents/conferences/rpge2018/](http://www.keele.ac.uk/pchs/newsandevents/coursesandevents/conferences/rpge2018/)

#### Events

## Current RCSLT projects

### Page content

What is the RCSLT currently working on?

Submit proposal for a new project

### What is the RCSLT currently working on?

Children's services strategy

The RCSLT will be running some workshops for members children's services guidance in practice.

Find out more



# Ongoing projects



Association of Speech and  
Language Therapists in  
Independent Practice

**NICE** National Institute for  
Health and Care Excellence



# Coming up soon



## RCSLT Conference 2019

25-26 September 2019



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until 31 July

East Midlands Conference Centre | Nottingham | #RCSLT2019



# R&D team



## Contact:

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[katie.chadd@rcslt.org](mailto:katie.chadd@rcslt.org)

# Feedback

- What support from the RCSLT have you / would you find useful?



# Any questions?

