

# Swallowing Awareness Day



## Dysphagia:

## How is it assessed?



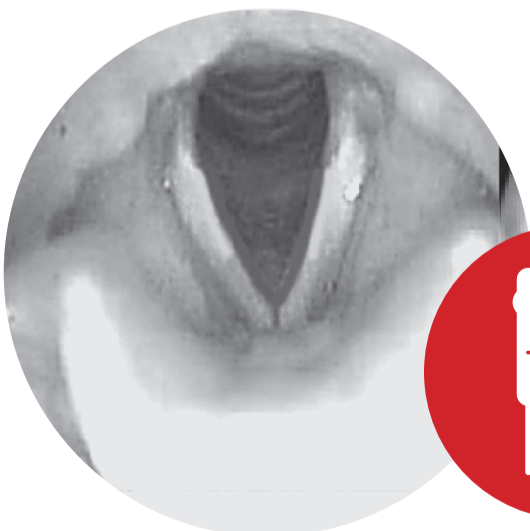
### **Clinical examination:**

Looking, feeling and listening for signs of dysphagia, sometimes using a stethoscope.



### **Videofluoroscopy:**

An x-ray where food and drink is mixed with barium so we can see exactly what happens when a person swallows.



### **Fibreoptic Endoscopic Evaluation of swallowing (FEES):**

A small endoscope is passed through the nose to visualise the larynx (voice box) and airway during the swallow.

For more information, visit [www.rcslt.org](http://www.rcslt.org)