We have been running fluency groups 3 times per year to support children who stammer and their families. These groups include:

- Teaching children strategies to support their fluency based on the Swindon Fluency Trust activities
- Opportunities for meeting other children who stammer
- Positive thinking strategies
- A parent/carer support group and workshops
- Signposting families to National Resources e.g. British Stammering Association

We plan to organise support groups suitable for the children at a secondary school level.

Some of our feedback was linked to children being unsure about what would be happening on the day. We plan to provide more information about the activities on the day.

Key theme areas

- Communication is crucial
  We provided clear information for parents/carers about stammering.
- Support that makes an impact
  We used evidence-based interventions to support the children in the group and collected feedback from the parents and children who attended.

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Evidence of impact

Parents reported that they had learned about:

- The importance of discussing feelings associated with stammering.
- Trying to achieve the child’s goals in little steps.
- Different ways to help the child with their stammer.
- The support network of other parents in the locality
- That a stammer is not curable.
- Adapting their own communication e.g. active listening / speaking more slowly.