Case studies series: Practice-based projects

Guidance notes

These case studies are an opportunity for members to share their learning on carrying out projects as part of their clinical practice. This might include, for example: single case studies, small controlled group studies, application of evidence to practice or a quality improvement project. These will be showcased on the RCSLT website.

The aim of these case studies is to demonstrate that carrying out practice-based projects is achievable, rather than to disseminate your findings. Therefore while there is scope to briefly outline your project, the main focus will be on what and how you did it. This might include, for example: how you came up with the idea, or who you needed to speak to and ways in which you overcame any challenges.

Please see the guidance below on how to structure your case study. Ideally, these will be concise and in bullet points.

Case studies should:

- Begin with an introduction about who you are and what led you to carrying out this work
- Briefly describe the aims, methods and results of your project/ EBP
- Discuss particular challenges or successes you experienced
- Provide some 'top tips' for therapists wanting to carry out a practice-based project
- Include your full name and job title

Optional information:

- A picture of yourself or something related to your project (no service users)
- Your place of work
- Social media handles you would like to be linked to
- Details of any RCSLT roles you have (for example, Research Champion, Adviser, Mentor, Guidance Author)

Technical and submission information:

- Please keep your case study to 1 A4 page (including a photograph)
- Send in a Word file- your submission may undergoing editing, but will be sent to you before publication.
- Send to katie.chadd@rcslt.org

By submitting your case study, you are agreeing to your information provided to be shared with the RCSLT membership. For this reason, please be mindful of the information you share. If you have any concerns about this, please inform us upon submission.

For any enquiries, please contact katie.chadd@rcslt.org.