Eating, drinking and swallowing resources

RCSLT resources

- Addressing health inequalities: The role of the speech and language therapist
- Adult Speech and Language Therapy at Darent Valley Hospital – video
- Advancing practice
- Benefits of FEES (National tracheostomy safety project) – video
- Brain injury guidance
- Cleft lip and palate
- Communication & Swallowing in Mental Health – video
- Communication & Swallowing in the Community – video
- Craniofacial conditions
- Critical care
- Dementia
- Diversity, inclusion and antiracism
- Dysphagia factsheet
- Dysphagia research priorities
- Eating, Drinking and Swallowing Competency Framework 2020
- Eating, Drinking and Swallowing guidance and competency framework FAQ (2025)
- Eating, Drinking and Swallowing webinar (2025)
- Eating and drinking with acknowledged risks
- Edna's story: the impact of speech and language therapy – video
- End of Life care
- FEES position paper
- Giving Voice: Communication & Swallowing in the Hospital – video
- Guidance on the management of dysphagia in care homes
- Head and neck cancer
- Health inequalities self-audit tool
- Infant and paediatric feeding and swallowing factsheet
- Laryngectomy Competency Framework
- Learning Disabilities
- Long COVID
- Mental Health (adults)
- Motor Disorders

- Mouth care guidance
- Paediatric dysphagia: workforce review and training needs analysis report
- Paediatric eating and swallowing – video
- Neonatal competency framework
- Neonatal care
- Neonatal care: feeding and non-invasive respiratory support
- Outcome measurement
- Pre-registration eating, drinking, and swallowing competencies
- Prescribing now campaign
- Professional Development Framework
- Progressive Neurological Disorders
- RCSLT Position paper: Videofluoroscopic evaluation of oropharyngeal swallowing function (VFS) the role of SLTs
- Speech and language therapist eating, drinking and swallowing competency framework (2025)
- Stroke
- Swallowing awareness day
- Swallowing difficulties in head and neck cancer factsheet
- Template for case history, oro-facial and swallowing assessment
- Thickened fluids position paper
- Towards cultural competence in dysphagia practice (webinar)
- Tracheostomy competency framework
- Ultrasound position statement
- Upper airway disorders within adult respiratory services
- Videofluoroscopy Greater Glasgow and Clyde Competencies Adult Level 1
- Videofluoroscopy Greater Glasgow and Clyde Competencies Adult Level 2
- Videofluoroscopy Greater Glasgow and Clyde Competencies Adult Level 3
- Videofluoroscopy Greater Glasgow and Clyde Competencies Adult Level 4
- Videofluoroscopy Competencies Paediatric

NICE guidelines

- NICE Guideline (2017) Intermediate care including reablement (NG74)
- NICE Guideline (2018) on people's experience in adult social care services: improving the experience of care and support for people using adult social care services (NG86)
- NICE guideline CG 101: Chronic obstructive pulmonary disease in over 16s: diagnosis and management (2010)
- NICE guideline CG 106: Barrett's oesophagus: ablative therapy (2010)
- NICE guideline CG32: Nutrition support in adults: oral nutrition support, enteral tube feeding and parenteral nutrition (2006)
- NICE guideline NG71: Parkinson's disease in adults
- NICE guideline CG68 Stroke: Diagnosis and initial management of acute stroke and transient ischaemic attack (TIA) (2008)
- NICE guideline NG1: Gastro-oesophageal reflux disease in children and young people: diagnosis and management (2015)
- NICE guideline NG236 : Stroke rehabilitation in adults. (2023)
- NICE guideline NG72: Developmental follow-up of children and young people born preterm
- NICE impact people with a learning disability
- NICE Improving oral health for adults in care homes (2018).
- NICE Interventional procedures guidance [IPG634]: Transcutaneous neuromuscular electrical stimulation for oropharyngeal dydsphagia in adults (2018)
- NICE Interventional procedures guidance [IPG781]: Pharyngeal Electrical Stimulation for Neurogenic Dysphagia (2024)
- NICE Medtech briefing on IQoro for stroke-related dysphagia (MIB176) (2019)
- NICE Oral health: local authorities and partners (2014)
- NICE (2016) Mental health problems in people with learning disabilities: prevention, assessment and management [NG54]

Other guidelines

- **All Our Health: personalised care and population health**
- **BAHNO multidisciplinary guidelines for Head & Neck cancer**
- **Bliss baby charter**
- **British Association of Perinatal Medicine Framework for Practice 2024**
- **British Dietetic Association – Nutrition and hydration in mental health and learning disability inpatient settings**
- **British Geriatrics Society Best Practice Guide – Dysphagia Management for Older People Towards the End of Life (2012)**
- **British thoracic society: Clinical statement for the diagnosis and management of community acquired pneumonia in people with learning disability** (2023)
- **British thoracic society: Clinical statement on aspiration pneumonia** (2023)
- **Health care professions council: Standards of proficiency 2023**
- **Implementing the recommendations of the Neonatal Critical Care Transformation Review 2019**
- **International Sialorrhoea Steering Group**
- **Intensive care society: Guidelines for the provision of intensive care services 2022**
- **My role in tackling health inequalities: a framework for allied health professionals**
- **National Clinical Guidelines for Stroke 2023**
- **Public health England (2016) Dysphagia in people with learning difficulties: reasonable adjustments guidance**
- **Royal college of physicians: Supporting people who have eating and drinking difficulties 2021**
- **NHS England: Stopping over medication of people with a learning disability and autistic people (STOMP) and supporting treatment and appropriate medication in pediatrics (STAMP)**

Policy – England

Here you will find links to relevant national legislation, policy and frameworks. Please note that this list is not exhaustive. Please contact us if you have any suggestions.

- **Accessible communication formats**
- **AHP Strategy for England: AHPs deliver 2022-2027**
  Mental Capacity Act (2005) – Code of practice
- **The Mid Staffordshire NHS foundation trust public inquiry (2013)**
  Mental Capacity Act (2005)
- **The National confidential enquiry into patient outcome and death (NCEPOD): Dysphagia in Parkinson's disease, hard to swallow**
- **Winterbourne View Hospital: Department of Health review and response**
- **LeDeR Action from Learning report 2020/21**

Policy – Wales

Here you will find links to relevant national legislation, policy and frameworks. Please note that this list is not exhaustive. Please contact us if you have any suggestions.

- **A Healthier Wales**
- **Age friendly Wales: Our strategy for an ageing society**
- **Allied Health Professions Framework for Wales: Looking forward together**
- **All Wales Standards for Accessible Communication and Information for People with Sensory Loss**
- **Continuing NHS Health Care**
- **Duty of Quality Statutory Guidance**
- **National Clinical Framework 8.0**
- **Older people and people living with frailty: integrated quality statement**
- **Quality and Safety Framework: Learning and Improving**
- **Quality statement for palliative and end of life care for Wales**
- **Regulations and National Minimum Standards : Adults and children's services**
- **Six Goals for Urgent and Emergency Care – A policy handbook 2021-2026**
- **The quality statement for cancer**
- **An update on the action taken in Wales following the BBC Panorama Programme on abuse at Winterbourne View Hospital near Bristol.**

Policy – Scotland

Here you will find links to relevant national legislation, policy and frameworks. Please note that this list is not exhaustive. Please contact us if you have any suggestions.

- **2021-26 NHS Scotland Recovery Plan**
- **2023-26 NES Education for Scotland Strategy**
- **Leading quality health and care for Scotland: Our Strategy 2023–28**
- **NHS Scotland Climate Emergency and Sustainability Strategy 2022 – 2026**
- **Oral Health Improvement | Scottish Dental**
- **Principles of Inclusive Communication: An information and self-assessment tool for public authorities**
- **Scotland Mental Health Strategy 2017-27**
- **Scottish allied health professions public health strategic framework implementation plan: 2022 to 2027**
- **Scottish Intercollegiate Guidelines Network (SIGN) Guideline 118 – Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning. (2010)**
- **Scottish Intercollegiate Guidelines Network (SIGN) Guideline 119 – Management of patients with stroke – Identification and management of dysphagia. (2010)**
- **Scottish Quality Performance Indicators – Head & Neck cancer**
- **Supporting people with eating, drinking and swallowing difficulties (dysphagia)**
- NHSGGC (2024) Oral hygiene for the highly dependent or critically ill infant or child. Available from **Oral hygiene for the highly dependent or critically ill infant or child (scot.nhs.uk)** (accessed 10th September 2024).
- NHSGGC (2024) Less invasive surfactant administration (LISA) neonatal guideline. Available from **https://www.clinicalguidelines.scot.nhs.uk/nhsggc-guidelines/nhsggc-guidelines/neonatology/less-invasive-surfactant-administration-lisa-neonatal-guideline/** (Accessed 2nd October 2024)
- **Caring for Smiles**
- **Care inspectorate (2022) Safe swallowing practice note**
- **Care inspectorate (2020) Supporting people with eating, drinking and swallowing difficulties (dysphagia) guidance**
- **Speech and language therapy adult services NHS Lanarkshire (2022) Swallowing matters.**
- **Care inspectorate. Eating and drinking well in care: good practice guide for older people**

Policy – Northern Ireland

Here you will find links to relevant national legislation, policy and frameworks. Please note that this list is not exhaustive. Please contact us if you have any suggestions.

- **Mental Capacity Act (Northern Ireland) (2016)**
- **Public Health Agency. Dysphagia- Health Care Professionals**

eLearning

- **NHS England Dysphagia guide**
- **Small wonders: Helping parents get their neonatal journey off to the best possible start**
- **Introduction to allied health professionals in neonatal care**
- **Mini mouthcare matters**
- **Mouthcare matters**
- **Pre-registration eating, drinking and swallowing**
- **NHS England Dementia Tiered training**
- **NHS England: Stroke training and awareness resources**
- **Scottish social services council. Speech and language in care settings: supporting eating and drinking**

Further reading

Ageing

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End of life

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