



Royal College of Speech and Language Therapists

**RCSLT Wales Hub Day 2017:  
Stronger together: Resilient SLTs, teams and communities**

Wednesday 15<sup>th</sup> March 2017  
The SSE SWALEC, Glamorgan Ground Cricket Club,  
Cardiff, CF11 9XR

## Aims and objectives

By attending this event delegates will:

- Gain an understanding of how developing resilience and being equipped to transform for positive change at all levels can benefit service users, SLTs and communities
- Hear from SLTs who have put resilience into their working practice to improve outcomes
- Understand the role of the SLT in helping to build resilient communities
- Learn about how to help develop resilient networks of SLTs
- Develop an understanding of motivational interviewing as a tool in building resilient relationships with clients
- Have an opportunity to input into RCSLT business via the Wales Hub Forum

## Programme (subject to change)

9.30 – 10.00	<b>Registration and refreshments</b>
10.00 – 10.05	<b>Welcome</b> Dr Alison Stroud, Head of Wales Office, RCSLT
10.05 – 10.20	<b>Keynote address</b> Rebecca Evans AM, Minister for Social Care and Public Health
10.20 – 10.30	<b>Aims and purpose of the day</b> Morag Dorward, Chair, RCSLT Board of Trustees; and Kamini Gadhok MBE, CEO, RCSLT
10.30 – 11.00	<b>Floating your boat: resilience and the 21st century health professional</b> Kate Tucker, Lecturer in Speech and Language Therapy; Dr Ceri Evans, Consultant Psychiatrist; and Francesca Cooper, Senior Lecturer, Cardiff Metropolitan University
11.00 – 11.20	<b>Early years</b>
11.20 – 11.35	<b>Refreshment break</b>
11.35 – 11.55	<b>Building resilience: SLTs and young people with social and behavioural difficulties</b> Lisa Chapman, Specialist SLT, Abertawe Bro Morgannwg University Health Board
11.55 – 12.15	<b>Building resilient communities: SLTs within community resource teams</b> Jacqueline Davies, Cardiff Community Resource Team Health Lead/Manager, Cardiff and Vale University Health Board
12.15 – 13.15	<b>Motivational Interviewing</b> Tom Damsell, Engagement Team Leader (South), Gwent Drug and Alcohol Service
13.15 – 14.15	<b>Lunch</b> <i>Networking and optional mindfulness session</i>
14.15 – 15.20	<b>RCSLT Hub Forum Wales Meeting</b> Morag Dorward, Chair, RCSLT Board of Trustees; Kamini Gadhok MBE, CEO, RCSLT; and Derek Munn, Director of Policy and Public Affairs, RCSLT
15.20 – 15.50	<b>Next Steps</b> Dr Alison Stroud, Head of Wales Office, RCSLT
15.50 – 15.55	<b>Thanks and close</b>