The aim of this section of Bulletin is to summarise recent clinical research studies (preferably published in the last six months) that are relevant to clinical practice. It is not a critical appraisal.

You are welcome to write about a study of your choice, but please let us know which article you are reviewing before you write it (so we can avoid duplication).

We can also help you pick a study – contact us if you’d like support with this.

How to structure your article

- One sentence summarising the main findings or conclusions of the article
- Overview of the participants/methods/intervention
- The main findings
- A quote from the authors
- Full reference in Harvard style

At the end add your full name, job title and place of work

Max 220 words including the full reference and your details

Submit before your assigned deadline to sarah.lambert@rcslt.org

Thank you!