

We are the **Royal College of Speech and Language Therapists.**



We want **everyone** to get the speech and language therapy they **need**.



We want to know about your speech and language therapy during the **COVID-19 lockdown**.



This survey finishes on **8 January 2021**.



If you need support with this survey, please contact peter.just@rcslt.org or padraigin.oflynn@rcslt.org.

Following guidance from the Health Research Authority (HRA, 2020), this survey is not deemed to be research and thus does not require approval from a Research Ethics Committee.

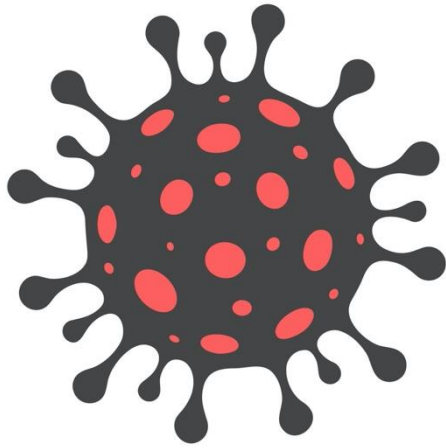
The RCSLT is the Data Controller for the information you give us on this form. That means they keep your information safe. If you don't want to share this information, you can email info@rcslt.org.

You can read more information about RCSLT, your personal information and your rights here: <https://www.rcslt.org/data-protection-policy>

Please return your completed survey to peter.just@rcslt.org and padraigin.oflynn@rcslt.org.

Introduction

We all went into the **Covid19 virus lockdown** in March.



Lockdown affected how **speech and language therapists** could **work**.



The Royal College of Speech and Language Therapists want to know how lockdown affected **you** and **your speech and language therapy**.

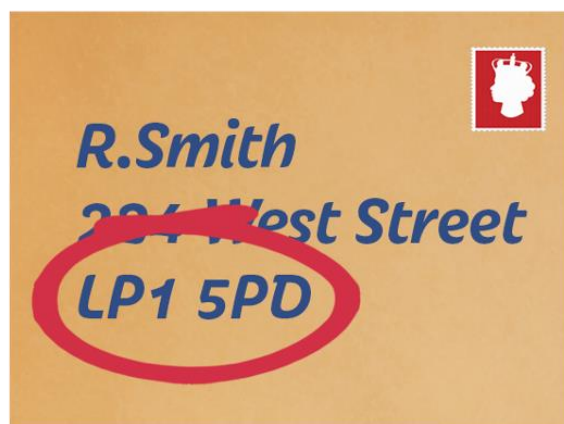


Please answer the questions **one at a time**.

Section A. About me.

Question 1.

My **postcode** is _____

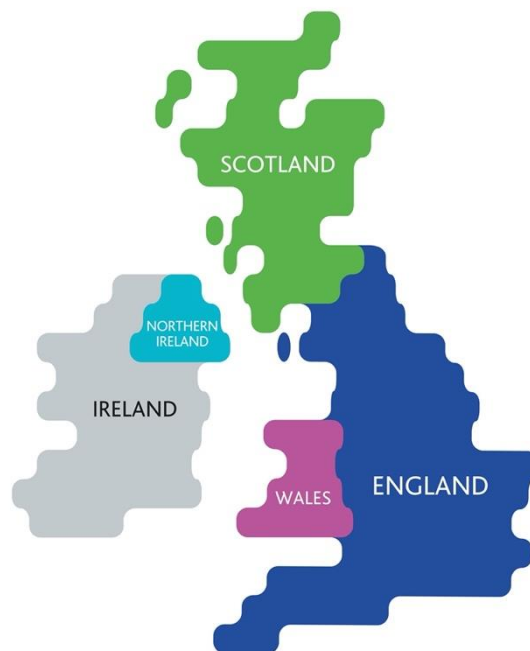


Question 2.

Look at the map. Where do you **live**?

Tick what is **true for you**.

- ☐ I live in **England**.
- ☐ I live in **Scotland**.
- ☐ I live in **Wales**.
- ☐ I live in **Northern Ireland**.



Question 3.

When did you **start** having speech and language therapy?

Look at the **options**.

Tick what is **true for you**.

I **started** having speech and language therapy...

- ☐ **Before** February 2019.
- ☐ **Between** February 2019 and February 2020.
- ☐ **During coronavirus** (since March 2020).



Question 4.

What does speech and language therapy **help** you with?

Look at the **options**.

Tick what is true for **you**.

- ☐ Speech and language therapy helps me with my **speech, language, and communication**.



- ☐ Speech and language therapy helps me with **eating and drinking**.



Question 5.

Why did you need to have speech and language therapy?

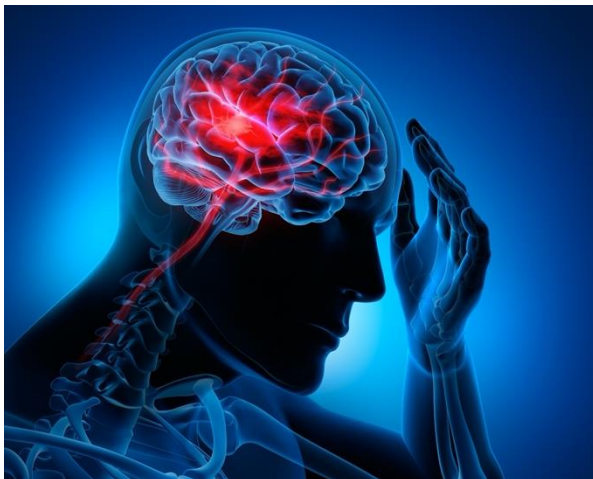
Look at the **options**.

Tick what is true for **you**.

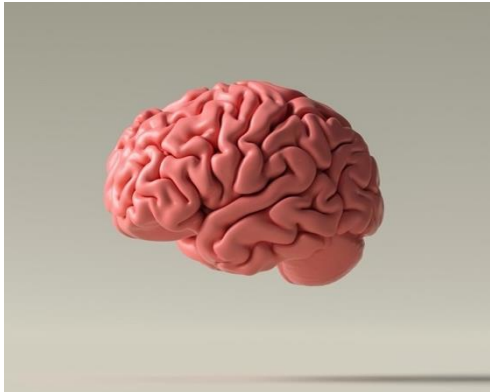
- ☐ I have speech and language therapy because of a **head injury**.



- ☐ I have speech and language therapy because of a brain haemorrhage or **stroke**.



- ☐ I have speech and language therapy because of **something else** (for example a brain tumour).



Question 6.

Think about your speech and language therapy **before lockdown**.

Look at the **options**.

Tick what is true for **you**.

- ☐ I had speech and language therapy **at home**.



- ☐ I had speech and language therapy **outside of my home** (for example a clinic or hospital).



☐ I had speech and language therapy **by phone**.



☐ I had speech and language therapy **using a video call**.



Section B.

Speech and language therapy during lockdown.

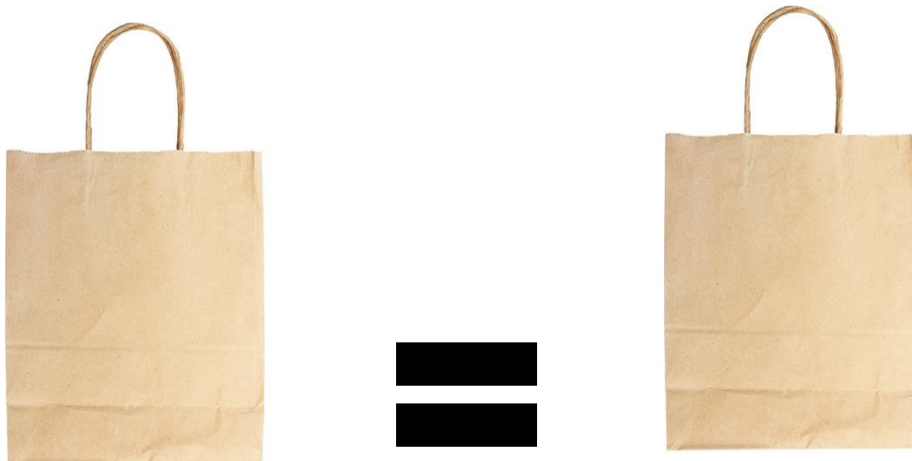
Question 1.

Tell us **how much** speech and language therapy you had during lockdown.

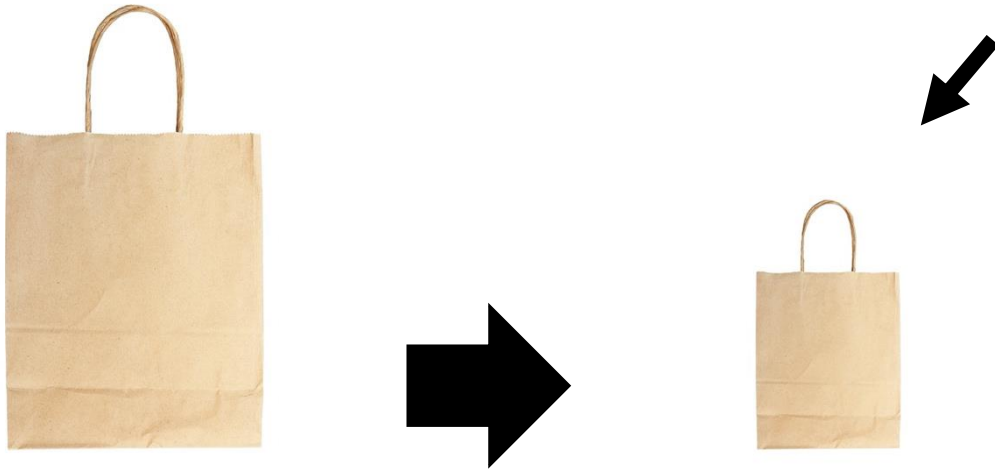
Look at the **options**.

Tick what is true for **you**.

☐ I had **the same** amount of speech and language therapy



☐ I had **less** speech and language therapy than before lockdown.



☐ I had **more** speech and language therapy than before lockdown.



☐ I do not know



Question 2.

Did your speech and language therapy **change** during lockdown?

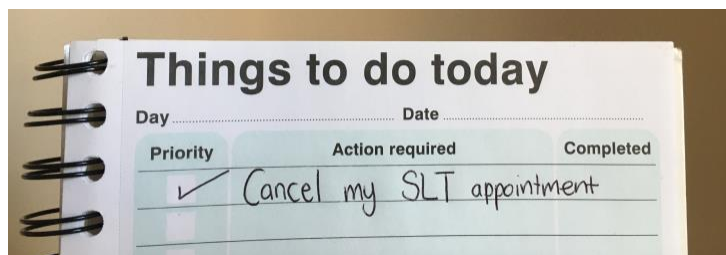
Tick the statement that is **true for you**.

- ☐ **My speech and language therapist** cancelled my appointment.



example <https://directdentalstaffing.com/avoid-rescheduled-cancelled-no-show-appointments/>

- ☐ **I cancelled my appointment myself.**



- ☐ **I spoke to my speech and language therapist on the phone.**



- ☐ I saw my speech and language therapist on a **video call**.



Question 3.

Think about your speech and language therapy **during lockdown**.

Tick the statement that is **true for you**.

- ☐ I had speech and language therapy **at home**.



- ☐ I had speech and language therapy **outside of my home** (for example a clinic or hospital).



- ☐ I had speech and language therapy **on the phone**



☐ I had speech and language therapy **by video call**.



Question 4.

How do you feel about speech and language therapy **on the phone?**

Tick the symbol that says how **you feel**.



Question 5.

How do you feel about speech and language therapy **using a video call**?

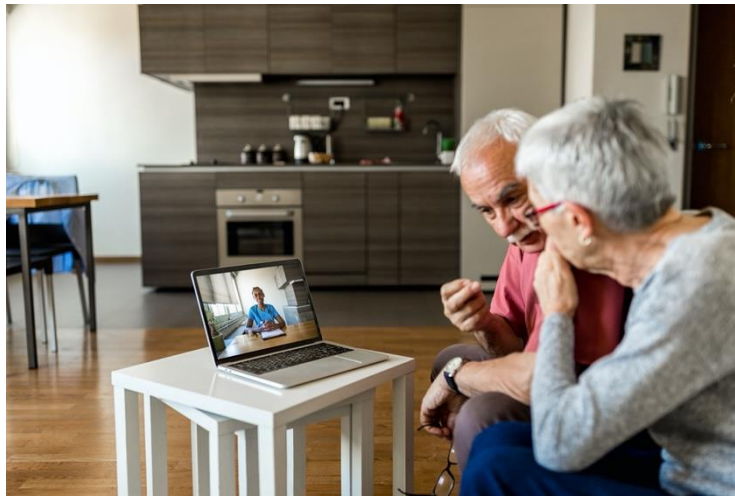
Tick the symbol that says how **you feel**.



Question 6.

Is speech and language therapy on a video call **hard or easy**?

Tick the symbol that says what **you think**.



Question 7.

What do you think about **wearing a mask** for speech and language therapy?

Tick the symbol that says what **you think**.

☐☐☐

Question 9.

What do you think about your **speech and language therapist** wearing a mask for speech and language therapy?

Tick the symbol that says what **you think**.



Question 10.

Tell us about your **communication during lockdown.**



Tick what is true for **you**.

☐ My communication got **better** during lockdown.



☐ My communication was the **same** during lockdown.



☐ My communication got **worse** during lockdown.



☐ I **do not know** if my communication got better or worse.



Question 11.

Tell us about your **swallowing during lockdown.**



Tick what is true for **you**.

☐ My swallowing got **better** during lockdown.



☐ My swallowing was the **same** during lockdown.



☐ My swallowing got **worse** during lockdown.



☐ I **do not know** if my swallowing got better or worse.



Section C.

Your life and wellbeing during lockdown.

Question 1.

Does speech and language therapy **help you?**

Look at the different **options.**

Tick what is true for **you.**

Speech and language therapy makes **my life better.**

☐ Yes



☐ No



☐ I do not know



Question 2.

This question is for people who had **less** speech and language therapy **during lockdown**.

Did having less speech and language therapy **affect you?**



Look at the different **options**.

Tick what is true for **you**.

☐ Having less speech and language therapy affected my **physical health**.



- ☐ Having less speech and language therapy affected my **mental health**.



- ☐ Having less speech and language therapy affected my **home life**.



- ☐ Having less speech and language therapy affected my **social life**.



- Having less speech and language therapy affected my **hobbies.**



- Having less speech and language therapy affected my **education.**



- Having less speech and language therapy affected my **work.**



Question 3.

Are you **worried** about getting speech and language therapy help in the future?



Look at the different **options**.

Tick what is true for **you**.

☐ **Yes I'm worried** about getting speech and language therapy.



☐ **No I'm not worried** about getting speech and language therapy.



☐ I do not know.



Question 4.

Do you have **other worries?**



Look at the different **options.**

Tick what is true for **you.**

☐ I am worried about my **physical health.**



☐ I am worried about **my mental health.**



☐ I am worried about **my home life.**



☐ I am worried about **my social life.**



☐ I am worried about doing **my hobbies.**



☐ I am worried about **my education**.



☐ I am worried about **my work**.



☐ I am worried about **something else**. Tell us more here:

Section D:

Other information

Think about your speech and language therapy **experience**.

Is there **anything else** you want to **say**?

Section E.

More information about you.

Question 1.

How **old** are you?

Tick what is true for **you**.

☐ 18-25

☐ 25-34

☐ 35-44

☐ 45-54

☐ 55-64

☐ 65+

☐ I prefer not to say.

Question 2.

What is **your gender**?

Tick what is true for **you**.

☐ Male

☐ Female

☐ Non-binary

☐ I prefer not to say

☐ I prefer to describe myself

.....

Question 3.

What is your **ethnicity**?

Tick what is true for **you**.

- ☐ White British/Irish
- ☐ Gypsy or Irish Traveller
- ☐ Other white background
- ☐ Black/African/Caribbean/Black British
- ☐ Asian/Asian British
- ☐ Other ethnic group
- ☐ Mixed/Multiple ethnic groups
- ☐ Prefer not to say
- ☐ I do not know

Section F.

Consent to share your information.

Question 1.

Can we **contact you** about this survey?

☐ **Yes.** You **can** contact me.



☐ **No.** You **cannot** contact me.



Question 2.

If yes, **how can we contact** you?

Email address



.....

Telephone / mobile number



.....

Postal address



.....

Please return your completed survey to peter.just@rcslt.org and padraigin.oflynn@rcslt.org.

Thank you!

