

Health Education England

Welcome to the webinar:

Delivering entry-level dysphagia competencies into pre-registration education and training

Tuesday 20th October 2020 8.15pm



Welcome





Judith Broll
Director of Professional
Development, RCSLT

Welcome





Louise Borjes
Professional Guidance Manager,
RCSLT



Housekeeping



- Send in chat messages at any time by using the Chat button
- Send in questions by using the Q&A button
- This event is being recorded. See here for recordings: https://www.rcslt.org/webinars
- Please do fill in the survey that we'll share after the event
- RCSLT staff are on hand to help!

Presenters







Beverley Harden

Allied Health Professions Lead. **Health Education England; Deputy Chief Allied Health Professions** Officer, England; Visiting Professor, University of Winchester



Professor Liz Ward

Director, Centre for **Functioning and Health** Research (CFAHR), Metro **South Hospital and Health** Service, and Conjoint Professor, School of Health and Rehabilitation Sciences. The University of Queensland



Áine Kearns

Lecturer and Regional Placement Facilitator, Speech and Language Therapy, University of Limerick



Aims and objectives



By attending this webinar, you will learn how this new, HEE-funded, UK-wide project, led by the RCSLT, will benefit UK based SLT dysphagia services, by hearing from international SLT colleagues, who have already embedded entry-level dysphagia competencies in pre-registration education and training.

Objectives

- To get an overview of the project and what this means for you
- To learn about how this has been done in Australia and Ireland
- To provide the opportunity to ask questions about this work and how you can get involved



RCSLT Entry-level dysphagia competencies





- Mutual Recognition Agreement meeting, November 2019
- COVID-19
- Health Education England

As a profession, we are obligated to deliver entry-level dysphagia competencies to ensure we optimise safe patient care within the 21st century education, health and social care environment





About the project



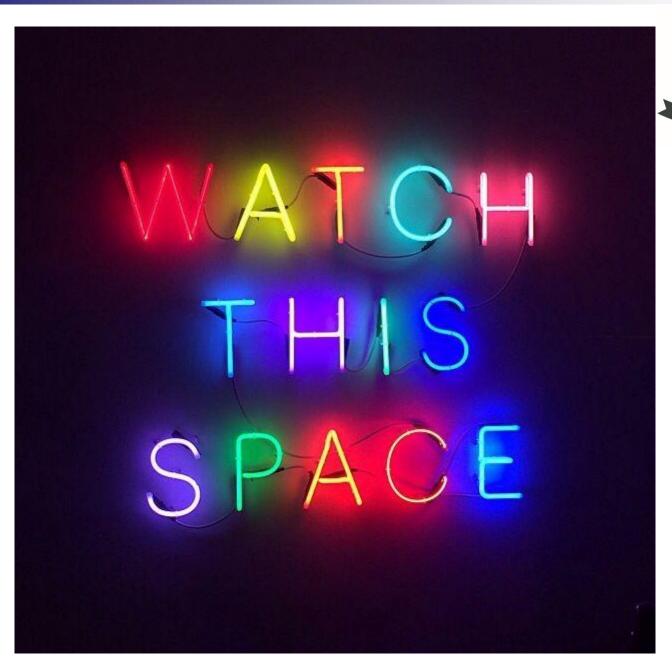
- Aim: To deliver entry-level dysphagia competent graduating students from 2024 across the UK
- Working collaboratively UK-wide with academics, clinicians and HEE in 3 phases
- Phase 1 goal: To write and deliver entry-level dysphagia competencies by Feb 2021
- Applications for lead authors and working group close 23
 Oct
- More info about project and how to apply: https://www.rcslt.org/members/get-involved/current-rcslt-projects/dysphagia#section-7



Next steps



- Writing internationally aligned entry-level dysphagia competencies - apply here https://www.rcslt.org/members/get-involved/current-rcslt-projects/dysphagia#section-7 (deadline 23 Oct)
- Read about this work in November Bulletin
- Consultation 11 22 January 2021 sign up here <u>https://forms.gle/C3nqjVkxX1Z454329</u>
- Entry-level dysphagia competencies delivered Feb 2021
- Focus groups Feb-March 2021 more info to come
- And much more...





CELEBRATING **75** YEARS



Speech and Language Therapy

@BeverleyHardenNational Lead Health Education England



Developing people

for health and

healthcare



Future workforce

- The 21st Century Speech and Language Therapist
- Post COVID19 workforce transformation
- Building on the learning and assets of the system
- Linking across education and service for populations
- HEE supported, 4 nation potential





Future workforce

- Support and deliver regionally
- AHP faculties at systems level
- Liberate placement tariff locally
- SIM placement tariff
- Communication remains as important as ever
- Appreciate needs to fit in to packed curriculum





Future workforce

- The evolution of professions
- The advancing roles of professions
- The future workforce....





Thank you

Health Education England





Undergraduate training in dysphagia: An Australian program model

Professor Liz Ward

Director, Centre for Functioning and Health Research (CFAHR), Metro South Health, Queensland Health And conjoint professor,

School of Health and Rehabilitation Sciences, Faculty of Health and Behavioural Sciences, The University of Queensland





















UQ Training Programs

- Bachelor of Speech Pathology
- Graduate Entry Masters of Speech Pathology





Bachelor of Speech Pathology (Honours)

Duration: Four years full time

Commencement: Semester one (February)

Prerequisites: English and one of Biology,

Chemistry or Physics

Successful completion of the first year of a bachelor's degree at university or two years of study at an approved junior college (conditions apply)

English requirements: IELTS 7 overall: 8 speaking,

7 reading, 7 writing, 7 listening

(TOEFL and Pearsons also accepted)



Speech Pathology at UQ



Master of Speech Pathology Studies

Duration: Two and a half years full time

Commencement: Semester two (July)

Prerequisites: A bachelors degree and completed university level studies in statistics and one of either linguistics, psychology, or physiology.

English requirements: IELTS 7 overall, 8 speaking, 7 reading, 7 writing, 7 listening (TOEFL and Pearsons also accepted)





What is covered in curriculum?

- Learn how to assess, diagnose, & treat clients with
 - Speech
 - Language
 - Voice
 - Fluency
 - Swallowing disorders
- Build a strong theoretical foundation from first year in anatomy, linguistics, psychology, research, and interprofessional healthcare.



Speech Pathology at UQ CRICOS code 00025B 22



Coursework supported by practical learning in the classroom & clinic

- Complete supervised clinical placements with adult and paediatric clients, starting in the first year of the program.
- All clinical placements sourced and supported by our Clinical Education Liaison Managers.
- Students gain a variety of clinical experiences
 - Over 200 external placements
 - UQ Telerehabilitation Clinic
 - Extensive simulation program, with UQ leading a national initiative to embed simulation using simulated patients.



Speech Pathology at UQ



All training programs accredited by Speech Pathology Australia (SPA) as per guiding policy documents.....

- Still current:- The "Competency Based Occupational Standards" (CBOS) for Speech Pathologists describes the minimum skills, knowledge base and professional standards required for entry level practice in speech pathology in Australia.
- But changing to:- "Professional Standards" document that reflects the minimum knowledge, skills and attributes required for contemporary speech pathology practice in Australia.
 - Introduced in August 2020, with the intention that the Professional Standards will apply to <u>from 1 January 2021</u>.
 - Available via SPA website (Path:- <u>Home</u> » <u>Resources For Speech</u>
 <u>Pathologists</u> » <u>Professional Standards</u> » <u>Professional Standards</u>)



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Undergraduate dysphagia education

- coursework
- simulation
- clinical practice

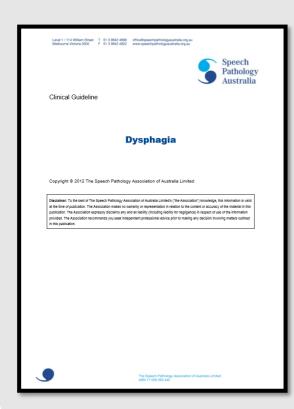




Guidance from SPA "Dysphagia Clinical Guideline"

Clinical Guideline:

- provides a comprehensive outline on clinical and workplace issues in a specific area of practice
- reflects available evidence at a point in time
- is written for speech pathologists however may also be referenced by management or consumers
- maybe utilised to inform, guide and monitor speech pathology practice at an individual and organisational level.
- Dysphagia Clinical Guideline First released 1994 Most recent version released 2012
- Available via SPA website (Path: <u>Home</u> » <u>Members</u> » Clinical Guidelines)





Expectations of entry-level clinicians

Independent management of non-complex cases

Ability to conduct a clinical assessment and feeding/oral trial

Determine client safety with foods and liquids trialed

Make management decisions regarding:

- (a) Change of diet
- (b) Strategies
- (c) Intervention

Recognise the need for further assessment, for example:

- (a) Second opinion
- (b) Modified barium swallow
- (c) FEES

Prioritise clients from defined criteria

Determine safety of oral feeding vs. alternative feeding (acute clients)

Provide feedback to client and referral source regarding swallowing status and recommendations

Advise on risk management

Basic awareness training for client, family and other health professionals

Participation in clinical audits or research

"All clinicians, including new graduates, should have sufficient skills to appropriately assess and manage non-complex cases. Where a complex client presents, the skills of an advanced clinician are required.

Supervision and mentoring should be sought from newly graduated clinicians or those with insufficient experience to manage complex cases"

(p 13, Dysphagia Clinical Guideline + see doc for examples of complex and non-complex cases).



Dysphagia Coursework content

- Dysphagia coursework
 - Undergraduates complete dysphagia in Sem 2 of year 3
 - Masters course complete dysphagia in Sem 2 of year 1
- Duration
 - Undergraduates 42 hours contact teaching
 - Masters course 42 hours contact teaching + 12 hours simulation



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Simulation Component

- Masters program only
- 12 hours of simulated learning in dysphagia
 - Interviewing
 - Screening & a CSE
 - Therapy
 - Peadiatric feeding (non complex)
 - Simple tracheostomy management (CSE, cuff deflated with SV)



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Dysphagia skill development through Simulation - at UQ

https://www.youtube.com/watch?v=XRpPRrE_pNU&t=100s (3 mins)

Speech Pathology at UQ



"Objective Structured Clinical Exam" (OSCE) exam possibilities

- UQ and Masters students in final year of their program do a SIM OSCE
 - Peadiatric feeding scenario
 - Process
 - 2 hours of simulated learning part task activities to prepare/revise skills
 - Then an OSCE the next week
 - This could be done to assess CSE skills, therapy delivery... etc



Speech Pathology at UQ



Undergraduate Clinical Practice

- All students complete a placement that involves dysphagia assessment and management prior to graduation
- Performance and competency assessed using COMPASS® - a validated competency assessment tool (not hours based)



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Workforce training and competency





Competency training - workforce

- VFSS competency training
- FEES competency training
- Tracheostomy competency training
- Other specialist populations may have additional requirements set by workplace



Speech Pathology at UQ CRICOS code 00025B 3



Thank you

Professor Liz Ward
Speech Pathology,
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Pre-registration Dysphagia Competency Development in Ireland

2010 TO PRESENT DR ÁINE KEARNS

SLT education in Ireland

- Four pre-registration programmes in Ireland
- CORU and IASLT accreditation

HFI Based: Lecturers, Practice Education Coordinators , Regional Placement Facilitators*

Service Based: Managers, Regional Placement Facilitators*. Practice Tutors, Practice Educators



NUI Galway OÉ Gaillimh

B.Sc. Speech and Language Therapy

M.Sc. Speech and Language Therapy (Professional qualification)



Trinity College Dublin

The University of Dublin

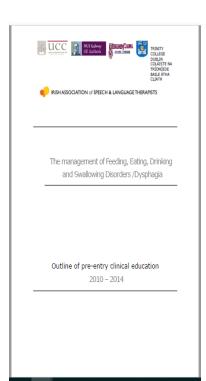
B.Sc. Clinical Speech and Language Studies

> B.Sc. Speech and Language Therapy





Integrating Dysphagia in pre-registration competencies











Student Clinical Competency Evaluation (2015)
Student Clinical Competency Performance Indicators

The Performance Indicator developmental progression form is a tool devised to help you with grading. Performance indicators have been written to indicate what is expected at the "evident level" for the stage of the student. For example if you are marking a student who is at entiry level you should look at the Entry level column only. Where a student does not meet this definition they should be marked as "emerging" and for those students who necercle what is detailed they double all beaution the "old so made in the students" who encercle what is detailed they double all beaution the "old so made."

	Competency	Novice	Transition	Entry
1	Collects and collates relevant	Identifies some information needed and	Uses theoretical knowledge to identify key	Identifies all information needed and possible
	client-related information	possible sources. Needs direction from	information needed and possible sources for	sources from referral note and knowledge
	systematically from case history,	Practice Educator to ensure all relevant	routine clinical presentations.	base. Independently interviews client /carer,
	interviews and health records.	information is sought, obtained and		synthesizing information in real time and
		documented appropriately. May need to use		probing for relevant details as the interview
		scripts and templates to ensure all information		proceeds. Documents and synthesises all
		is gathered.		information appropriately.
2	Applies theory to practice in the	Aware of general assessment procedures for	Identifies appropriate assessments for client	Independently selects appropriate formal and
	selection of formal and informal	use with client group, and selects appropriate	group. May need guidance in selection of	informal assessments for the routine client
	assessment procedures and	assessments with direction. Will need specific	tools for specific individual presentations and	group presentations. Modifies and adapts
	tools appropriate to clients'	direction to adapt and modify tasks, if	in adapting procedures to suit individual	assessment approach as dictated by
	needs, abilities and cultural	necessary.	needs.	emerging client profile. Will need to
	background.			collaborate and consult with Practice
				Educator for complex case presentations.
3	Administers, records and scores	Administers assessments accurately with	Administers formal assessments accurately.	Follows test directions in the administration
	a range of assessments	specific direction. Needs additional time for	May need additional time to complete testing	recording and scoring of formal assessments
	accurately.	recording and scoring. May need audio / video	and scoring. Uses informal assessments	within an acceptable time frame. Records
		recording as additional support with complex	appropriately to obtain a fair and accurate	quantitative and qualitative data
		presentations.	sample with guidance.	simultaneously. Adapts and uses informal
				assessments in a flexible manner to obtain
				and record a fair sample.
4	Analyses, interprets and	Identifies strengths and weaknesses in	Uses the professional knowledge base to	Evaluates and interprets assessment findings
	evaluates assessment findings	communication / FEDS profiles and compares	analyse assessment results holistically.	linking theory and client history, presentation
	using the professional	to typical profile. Quantifies differences and	Formulates a diagnostic hypothesis	and communication / FEDS profile in a
	knowledge base and client	determines severity ratings. Requires specific	supported by assessment findings and	holistic manner. Applies qualitative
	information.	direction to interpret holistically and link to	relevant theoretical knowledge. May need	information to quantitative data and

Ground work

- HEIs, IASLT and services worked together
- 2010 post-qualification dysphagia training for practising SLTs = building capacity/ vision for future practice educators
- 2010-2014 separate clinical education criteria for dysphagia
- 2015 to present integrated into the Student Clinical Competency Evaluation (SCCE) Form
 - 3 placement levels (novice, transition and entry)
- Individual HEI initiatives (investment in staff, timing of academic content, embedding into other modules, other practical initiatives and assessment types)

Curriculum - Academic modules and Practice Education modules

Pre 2010

Academic module – Dysphagia (lecture & practical content)

Possible placement opportunities –

(not accredited)

2010 onwards

Academic module – Dysphagia (lecture & practical content) Actively & explicitly embedded into other modules – Anatomy & Physiology, complex cases etc.

Pre-placement learning activities (Video Obs, PBL, simulations)

Placements (at all levels*)

Placements (Top up – as needed)

Knowledge and skills examined in academic and practice education modules in a variety of ways

Increased Placement Preparation

- Video observations
- Problem based and case based learning activities
- Practical sessions in both academic modules and preplacement preparation
- ► E.g. Etivities (simulated sessions, narrated reflections, management mind maps for cases etc.)
- ▶ Initially there was a separate clinical education handbook (up to 2014) – in UL this also included resources to support students on placement e.g. case history forms, documentation guidelines, overview of potential management approaches etc.

Placements – factors that influenced placement provision

Facilitators

- Practice Tutors in Hospital Settings
- Close and sustained links with HEIs
- Training for Practice Educators
- Resources for students
- Student preparation in University pre-placement
- Capacity for Top-Up placements

Barriers

- Questions regarding move from hours-based to competency-based development
- ▶ NB: Capacity
- PE confidence
- Timing of placements
 - Within the academic programme
 - Overlap with other universities

Impact on the SLT profession in Ireland

- Now regarded as part of the clinical skills and knowledge for SLT
- Building capacity in and across services
- Service provision improvements
 - ? Paediatric services
- New graduate panel for employment

Factors that helped when engaging the profession to make this happen

- Building capacity at the outset supported training in 2010
- Collaborative engagement IASLT, HEI & (linked) services, national workshop (2014)
- Initially, final sign-off and evaluation rested with the university, now rated on the SCCE by practice educators
- Supporting existing clinicians with training/resources for competency development – modelling & guidance from Practice Tutors/Regional Placement Facilitators*
- See opportunities in all placements (part of our placement offer form – IPE and FEDS)

Biggest challenges in implementing pre –registration dysphagia competency training Ireland

- Placements
 - Signing off competencies (taking responsibility) staff confidence and expectations for students
 - Capacity
 - Need to facilitate top up clinics
 - Preplacement preparation (resources and time)
- Timelines for placements
- Initially Staffing*

Interestingly for us in UL, COVID 19 has had less of an impact on dysphagia* placement offers compared to other sites / clinical caseloads!

Helpful Tips

- Over prepare :-D
- Break everything down placement levels / expectations for knowledge, skills and attitudes / roles & responsibilities / look at small as well as large opportunities
- Providing resources to students and to practice educators to support competency development
 - Students preplacement preparation, clinical resources
 - Practice Educators hypothetical scenarios

If doing it
again - would
suggest HEIs
collaboratively
develop a
single
repository for
case
information
etc.

Thank you!!

Dr Áine Kearns

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Any Questions?



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