

Royal College of Speech and Language Therapists (RCSLT) Survey summary in Easy Read



RCSLT did a survey about the impact of lockdown from **March to June 2020**



There were over **500** responses from people who have speech and language therapy (SLT) support



100 about adult speech and language therapy



400 about children's speech and language therapy



Good things we found out



People said SLT makes their lives and the lives of their carers better



Some people continued to have SLT during lockdown



Some people liked SLT on the phone and online/video



Bad things we found out



People had less speech and language therapy during lockdown



People stopped having face to face SLT during lockdown



Some people who had SLT over the phone and online/video did not like it



The impact



People said their **communication** and **swallowing** either stayed **the same** or **got worse**



People **aged 18 and over** told us having **less** speech and language therapy was **bad** for their:



- mental health



- social life and friendships



- home and domestic life



People aged **0-18** told us having **less** speech and language therapy was **bad** for their:



- education



- social life and friendships



- mental health



The Future

People are worried about getting SLT in the future

What next



- RCSLT will share what they found out with SLTs so they can help make services better



- RCSLT will share what they found out with the Government so it can be part of their policies and decisions



- RCSLT will work with charities and people with communication and swallowing needs to help make things better



Thank you for your help with this survey