RCSLT did a survey about the impact of lockdown from March to June 2020

There were over 500 responses from people who have speech and language therapy (SLT) support

100 about adult speech and language therapy

400 about children’s speech and language therapy

Good things we found out

People said SLT makes their lives and the lives of their carers better

Some people continued to have SLT during lockdown

Some people liked SLT on the phone and online/video
Bad things we found out

People had less speech and language therapy during lockdown

People stopped having face to face SLT during lockdown

Some people who had SLT over the phone and online/video did not like it

The impact

People said their communication and swallowing either stayed the same or got worse

People aged 18 and over told us having less speech and language therapy was bad for their:

- mental health
- social life and friendships
- home and domestic life
People aged 0-18 told us having less speech and language therapy was bad for their:

- education
- social life and friendships
- mental health

The Future

People are worried about getting SLT in the future

What next

- RCSLT will share what they found out with SLTs so they can help make services better
- RCSLT will share what they found out with the Government so it can be part of their policies and decisions
- RCSLT will work with charities and people with communication and swallowing needs to help make things better

Thank you for your help with this survey