

**#BuildBackBetterSLT:
RCSLT toolkit for MP engagement**

YOU CAN ask your MP to support better lives for people with communication and swallowing needs.

YOU CAN ask them to pledge to #BuildBackBetterSLT

YOU CAN sign and share the [#FundSLT petition](#)

Before you begin:

- Check if your work setting has guidance on engaging with MPs – this may affect what you can do in work time and with your work contact information.
- Monitor @RCSLTpolicy for the latest updates.
- If you're in Scotland, Wales or Northern Ireland – most matters relating to health, education and justice are devolved so decisions on them are not usually made at Westminster, but in Edinburgh, Cardiff and Belfast. However, MPs from Scotland, Wales and Northern Ireland should still be interested in your stories.

If you have a spare 5 minutes:

- [Sign the #FundSLT petition](#) calling on the UK Government to fund improved support for people who have communication and/or swallowing needs.
- Share the petition on social media using #FundSLT and ask your friends and family to sign.
- Email your MP directly asking them to support better access to speech and language therapy, using [this tool](#) if you are a speech and language therapist and [this tool](#) if you are not. All you need is your postcode.
- Pledge your support to #BuildBackBetterSLT on social media using our [printable speech bubbles](#).
- Ask your MP to pledge to #BuildBackBetterSLT by tagging them on social media.

If you have 10-15 minutes:

- If you are approached by your MP or receive a response when you email them, start conversations about importance of access to speech and language therapy for people with communication and/or swallowing needs. You may also consider asking them to pledge to #BuildBackBetterSLT.

If you have half an hour:

- Find out if your MP is holding a surgery to meet constituents, and – if possible – attend to raise awareness of the importance of access to speech and language therapy.
- Seek an individual meeting with your MP to discuss how they are supporting people with communication and swallowing needs.

If you need any help or advice, please contact peter.just@rcslt.org or padraigin.oflynn@rcslt.org.