

Mapping research into your career journey

30 June 2021 13.00 - 14.00



Chair

Amit Kulkarni
Head of research and development, RCSLT







Presenters





Dr Hazel Roddam



Katie Chadd



Sarah Hayward

Housekeeping

- RCSLT staff are on hand to help with any technical queries, you can get in touch with them via the chat button
- You can send in questions to our speakers today by using the Q&A button
- This event is being recorded and will be made available on the RCSLT website along with the presentation slides
- We would be very grateful if you would fill out the evaluation form that will pop up in a new window once the webinar window closes.



Aims and objectives



By attending this webinar, delegates will:

- Hear about the CAHPR research practitioner framework and the speech and language therapy research practitioner framework resource map
- Understand how and why the framework and map were developed, and how they can help:
 - SLTs interested in embarking on a research career;
 - SLTs interested in further developing their research careers;
 - SLTs responsible for supporting research career development.
- Find out about how to use the map, and hear more about the networks and resources it highlights;
- Hear a case study of how the framework and map have enabled speech and language therapy research career development;
- Have an opportunity to ask questions and find out more about the framework and map, and how they can support you.

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 can support you.

Dr Hazel Roddam

Freelance consultant in research and evaluation for allied health practice









Getting the recipe right

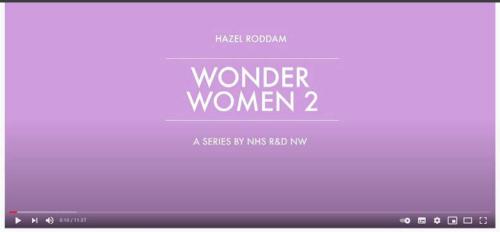
What do we need?

Dr Hazel Roddam

@HazelRoddam1 @ReSNetSLT







NHS Wonder Women - Episode 7 - Dr Hazel Roddam

Looking back on a career in both practice & research

https://tinyurl.com/NHSwonderwomenE7





Happy Birthday ReSNetSLT

6 years old in May 2021

https://resnetslt.com/

RESNETSLT - RESEARCH SUPPORT NETWORK

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BLOG: "ESLA" – sharing SLT research & best practice across Europe

FREE webinar 3rd June: Dysphagia and malnutrition in Covid and Post-Covid patients. Don't miss this opportunity to hear international and inter-professional perspectives.



FEATURES



ResNetSLT Twitter Wall

OUR TWEETCHATS

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FACHRICHTUNG THERAPIEWISSENSCHAFTEN

Erste Kooperationsgespräche mit Studienrichtung Logopädie



PRESSEINFORMATION DER HOCHSCHULE BREMEN

(31) 11. Februar 2019

"Aiming for excellence in clinical care" - Vortrag von Dr. Hazel Roddam auf Internationalem Logopädie-Symposion am 27. März Verbindliche Anmeldung bis 1. März





Embedding Evidence-Based Practice in Speech and Language Therapy International Examples

Hazel Roddam Jemma Skeat

SAWILEY-BLACKWELL

Implementering af evidensbaseret praksis - i det logopædiske arbejdsfelt

THEORIE UND PRAXIS

Koche leidenschaftlich! Wähle qualitativ hochwertige und frische Zutaten! Entscheide für wen du kochst! Prohiere auch mal was Neuest Tipp 4: Gib nicht auf, wenn die Zutaten nicht vorhanden sind! Schau Dich um und erkundige Dich, wo Du überall Zutaten bekommen kannst! Übung macht den Meister! Wenn das Ergebnis nicht so ist, wie Du es erwartest, bleib aufgeschlossen! Gib das Rezept weiter! Tausche Dich mit anderen aus! Tipp 10: Sorge dafür, dass das Gericht genießbar und bekömmlich ist! Tipp 11: Beurteile, wie Dir Dein Gericht selbst schmeckt! Tipp 12: Frage dich, wie zufrieden Du bist!

Schmeckt's? **Evidenzbasierte Praxis** in der Logopädie



Yhdessä toimien parempiin käytäntöihin

Brittilläinen puheterapeutti Hazel Roddam edistää tutkiiana niivttiiön perustuvien puhetorapiakāvtāntöice syntymistä ja puolustaa Britannian puheterapeuttiliiton puheenjohtajana nubeteraniakuntontuksen asemaa

O'en tutkinut alletta vuudesta 1999 ja edelleen se innostual Näyttöön perustuvien käytäntöjen kehit-täminen alkaa Rocklamin mukaan siitä, että

iskelinolen kanssa käyrittin itoi nen isasint niten tutkimustietoon plilisee kiisiksi, miten tietos haetaso is miten sitá arvoidaso. - Tutkimuksia arvioitaessa täytyy ollo tietoinen tutkimusasetelmien ja esimerkiksi meta-aralyysien merkityksestä. Nykyopi-keljat oppivat näitä taitoja jo opiskelusika

noan, mutta monelle oitkätu käinetii tuhti Tutismustedon käytössä on tärkeää, et tei toimintatapoja muuteta yhden tutkimuk

sen perusteella, vaan on ymmänettävä koki buttomusalueen kokonasuutta ja osattava erottaa laadulkaat tulkimukset helkommista. sanon Boddam. Hän kerkoonselndost ovet tamean opskeljoileen, milaisia knittisia k symylesiä tutkimuissia kuliessa oitää esittää - Tutkimuksia on helpompi arvioida, jo

kysymykset ovat lukjan edesst krjallsina. elek riitä tanaha valtää on astella samala kur kákec. Patroton opiskelýsišení sitá, että ky somylesier on mylis löudet tilvli vastauisset is usti kajoitettava ne muistiin. Sen jälkeen on helppa liokoantus vhtoen is miettiä muiden kenssa tulkimuksen landukkuutta. Yhtil anvioletia, totosa Roddam,

Lue ia pohdi -piri

18 • Fuheterapeuts 3.11

Bitanniam onkin syntynyt pakalisia tutkimuskéupíreji, joksa terveydenhuolon työrtekkät fiseen arvioletiks. tulevat yhteen keskuntelemaan ja arvioimaan tetrellist tutkimuksia. Osa lukupireistä kes- Itsevat kästeltävät arikkelt, koska tavatte kittyyyhteen aluen, osa on moriammutillisia. na on miettiä, miten tutkimus vaikuttassi. Poliittista vaikuttamista Ne volvot muodostus jorkun tietyn tervey- osofistujen omasn toi heidfin työyleskionst Okrituollin yksikön työnekijöstä tai jotalain työskentekytupaan. Tutkimusten terittisen anvoinnin tarkoituksens ei ole tehdi. kilanuginut eopeasii tilanteeseen.

Dr. Hazel Rodriges o poutti, ioka on 25 vuoden ajan. Roddum on tulkinut näyttöön

perustrusa ferrandechuoffoa udattiskiriassaan tekylöitä, jotka valkottevat lutkimustiedon kläyttö Table hetketté Bodden hylokesti

be futirijana University of Central Lancaphinessa, Hänen ohlauksessaan fulfiliakouluteliavis, nim puheterapoutinja, fysiotorapeutteja kuin lääkärestäkin. Rocklam on toimitu and obstance become Streetin Record Practice in Speech and Language Therapy" (2010). Hän on Brita pubeterapeutt litton RCSLT:n

mykyisin pointoja täydentäviä, yapaanhtoisia kulupirejā. Akulos ohjaajat valitsevat kiloitei-tavāt tutkimuliset, mutta villokojim kulumsa crekelist alliquat useimmiten tuoda lõutlidam kertoo. Opiskelijat ovat itoddamin mu- netmoja ja siten tietviti kalleimoja kaan hyvn innokkaasti mukana ja kolevat peutteja, Peikäänpä, että NHS on n ssavama vahvaa tietotaitaa tulkimusten kriit-

teisön käytäntőien kelvíthenistá rustuviksi, sanpo Roddam. Tutkimustietoon käsiksi pääs

miliking initian values, lidene artikkelin latsamisesta täistyy olla v samzan, Roddim toteas. - Myds oma ammatt fittomme many transpositions tuttiens offer

Maailman taloustilanne valk Roddam tolmii Britannian puhete

ton RCSLTin puheerjohtajana vuo - Tyō on jārmītlāvāā, vālitā me

- Tāmā aketicnen valkes takvist mon Noncotnan National Hosts (N#15) ratiossussa ja on johtarut hundestonut behits/sest2-ents/sest jaista tietoa. Ja tietysti se tarkoittaa



Die MitarbeiterInnen der "EBP-Versuchsküche" (v.l.): Lena Beimborn, Falko Dittmann, Juliane Mühlhaus, Luisa Kaminski, Annika Möller-Klüber, Verena Müller-Wille, Meike Studanski (nicht im Bild: Leonie Augustin und Hazel Roddam)

Tipp 1 Koche leidenschaftlich!

Eine gute Vorbereitung und Sorgfalt bei der Durchführung jedes Schrittes ist beim Kochen unerlässlich: Fin Schritt baut auf dem anderen auf. Analog zur EBP ist damit nicht gemeint, dass EBP als Pflicht empfunden und "abgearbeitet" werden soll. Vielmehr geht es um die Begeisterung und Leidenschaft, mit denen wir EBP praktizieren. Das, was Greenhalah et al. (2014) in der Primärforschung beschreiben, nämlich dass eine Vielzahl von hochrangigen Forschungsergebnissen auf Enthusiasmus und Begeisterung der Beteiligten beruht, benötigen wir auch in der praktischen Umsetzung der Ergebnisse der empirischen Forschung.

Boaz et al. (2015) berichten ferner von einem

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BMJ Open 2015;5:e009415 doi:10.1136/bmjopen-2015-009415

Archive

Health services research

Does the engagement of clinicians and organisations in research improve healthcare performance: a three-stage review

Annette Boaz¹, Stephen Hanney², Teresa Jones², Bryony Soper²

+ Author Affiliations

Correspondence to

KEY FINDINGS ...

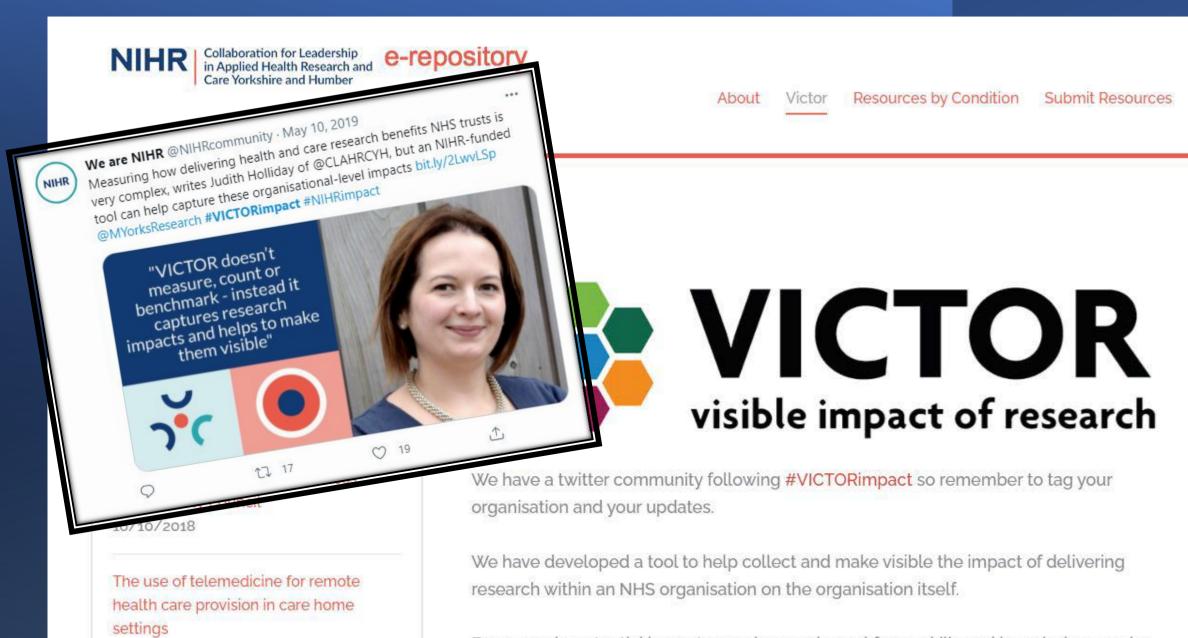
- 1. Limited but positive evidence for improved clinical outcomes
- 2. Positive evidence for improved evidence-based processes of care
- 3. Positive evidence for improved patient reported experience of care
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https://bmjopen.bmj.com/content/5/12/e009415

About



"The two sides of one coin"



https://www.e-repository.clahrc-yh.nihr.ac.uk/visible-impact-of-research/

Checklist for those recipe ingredients



We need access to –

- the right research
- the right resources
- the right networks

For -

- healthcare organisations
- professional associations
- individual practitioners

Katie Chadd Research manager, RCSLT







From 'why' to 'how'





From 'why' to 'how'





Shaping Better Practice Through Research: A Practitioner Framework Jennifer Harris, Jo Cooke & Kate Grafton



CAHPR Mission



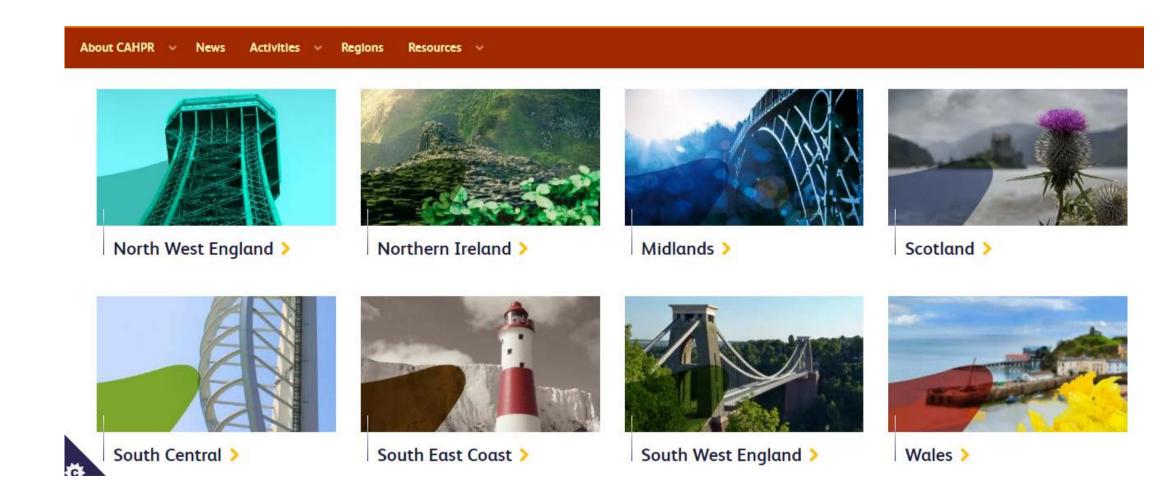
(Council for Allied Health Professions Research)

"...to develop AHP research, strengthen evidence of the professions' value and impact for enhancing service user and community care, and enable the professions to speak with one voice on research issues, thereby raising their profile and increasing their influence."

CAHPR



Membership to CAHPR is included in your RCSLT membership



CAHPR: Research Practitioner's Framework



Shaping
Better
Practice
Through
Research:
A Practitioner
Framework

Jennifer Harris, Jo Cooke & Kate Grafton

"The Research Practitioner's Framework aims to support practitioners, managers, educators and leaders to review and plan practitioner roles, activity and support systems within a range of practice settings"

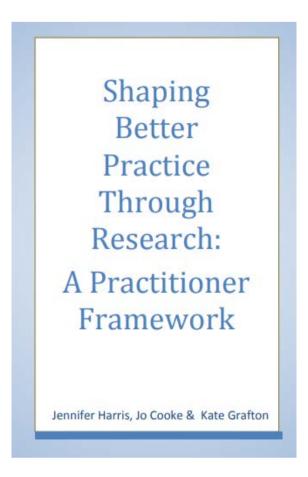


Developing a consolidated research framework for clinical allied health professionals practising in the UK



- Identified existing AHP research frameworks (AHPRF)
- Framework analysis to develop a single framework
- A workshop with experts to validate





Harris, J., Grafton, K. & Cooke, J. Developing a consolidated research framework for clinical allied health professionals practising in the UK. *BMC Health Serv Res* **20**, 852 (2020). https://doi.org/10.1186/s12913-020-05650-3

Meanwhile, in speech and language therapy...











North East SLT Research Network



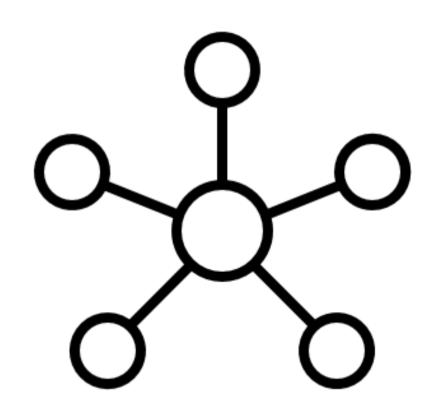
AHP Research Champions

The aims



The research capacity builders (RCB) groups' **shared aims** are:

- To unite initiatives with the shared purpose to support the SLT profession to increase research capability, capacity, and culture
- To identify the most efficient way in which we can use our individual resources to achieve this shared goal



The method



Used the CAHPR framework and mapped each knowledge and skill statement as being either:

- an active focus or goal of the network
- an aspirational focus or goal of the network
- not a focus or goal of the network

To highlight key roles, key gaps, and any overlaps

The result



What emerged was a comprehensive 'guide to' the networks that can support SLTs to embed research in to their careers....

The SLT Research Practitioner Framework Resource Map

SLT Research Practitioner Framework Resource Map













AHP Research Champions



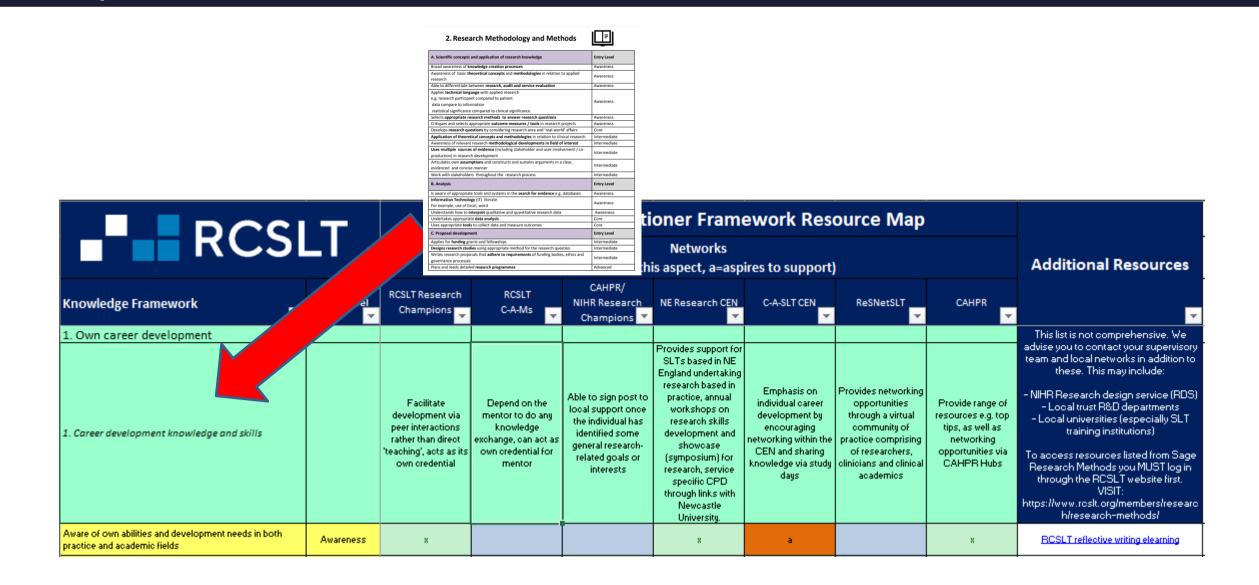


North East SLT Research Network

RCSLT			SLT Resea	rch Practiti	oner Fram	Resource Map				
				(x= supports th	Networks is aspect, a=asp	ires to support)			Additional Resources	
Knowledge Framework	Entry Level	RCSLT Research Champions	RCSLT C-A-Ms	CAHPR/ NIHR Research Champions	NE Research CEN	C-A-SLT CEN	ReSNetSLT	CAHPR	,	
1. Own career development									This list is not comprehensive. We	
1. Career development knowledge and skills		Facilitate development via peer interactions rather than direct 'teaching', acts as its own credential	Depend on the mentor to do any knowledge exchange, can act as own credential for mentor	Able to sign post to local support once the individual has identified some general research- related goals or interests	workshops on research skills	Emphasis on individual career development by encouraging networking within the CEN and sharing	Provides networking opportunities through a virtual community of practice comprising of researchers, clinicians and clinical academics	Provide range of resources e.g. top tips, as well as networking opportunities via CAHPR Hubs	advise you to contact your supervisory team and local networks in addition to these. This may include: - NIHR Research design service (RDS) - Local trust R&D departments - Local universities (especially SLT training institutions) To access resources listed from Sage Research Methods you MUST log in through the RCSLT website first. VISIT: https://www.rcslt.org/members/research/research-methods/	
Aware of own abilities and development needs in both practice and academic fields	Awareness	×			х	a		8	BCSLT reflective writing elearning	

SLT Research Practitioner Framework Resource Map





In more detail....



Knowledge Framework	Entry Level	RCSLT Research Champions	RCSLT C-A-Ms	CAHPR/ NIHR Research Champions	NE Research CEN	C-A-SLT CEN	ReSNetSLT	CAHPR
Awareness of basic theoretical concepts and methodologies in relation to applied research	Awareness	×	*		*		*	8
Able to differentiate between research, audit and service evaluation	Awareness	ø		a	×	a	*	8
Applies technical language with applied research	Awareness	×			×		×	
Selects appropriate research methods to answer research questions	Awareness		×		×		×	
Critiques and selects appropriate outcome measures ${\it I}$ tools in research projects	Awareness				×		×	

Look at the knowledge framework statements, and find the support network that can help you with this

Filter (or view) by entry level



Knowledge Framework	Entry Level	RCSLT Research Champions	RCSLT C-A-Ms	CAHPR/ NIHR Research Champions ▼	NE Research CEN	C-A-SLT CEN	ReSNetSLT ▼	CAHPR ▼
Is aware of different learning and teaching styles and techniques	Core							
Supports and organises local research and teaching events eg conferences, journal clubs, study days	Core	8		8	*	*	*	×
Engages in peer support, mentorship and supervision of less- experienced researchers, to nurture talent and promote empowerment and autonomy	Core	8	*	*	*	×	*	×

Filter by network



RCSI		
Knowledge Framework	Entry Level	RCSLT Research Champions
Networking and relationship building to enhance research opportunities and activity	Awareness	×
Understands and recognises appropriate stakeholders	Core	×
Plans communication between partners, stakeholders and research teams	Core	×
Uses networks to engage with colleagues and respond to opportunities	Core	×
Shares networks with less experienced staff	Core	×

And more suggestions!



An additional column dedicated to key resources to also support each element of the framework!



Find out more



- READ more information about the project
- DOWNLOAD the SLT Research Practitioner Framework Resource Map (full version or broken down by entry level)
- WATCH a quick video tutorial on how to navigate the map

Next steps

- Evaluate impact let us know if you use it!
- Add new networks

Sarah Hayward

SLT and SLT research champion, Oxleas NHS Foundation Trust





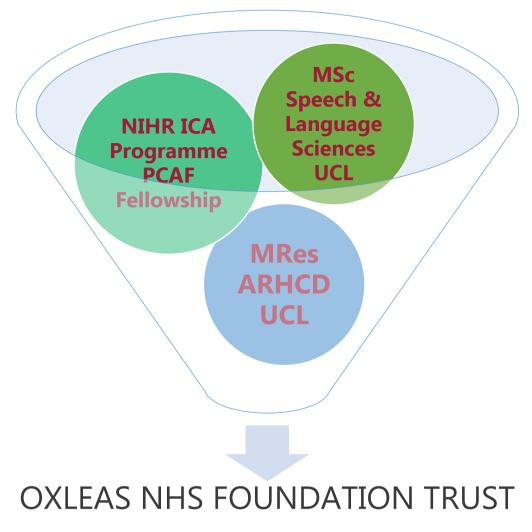


USING THE CAHPR FRAMEWORK & RESOURCE MAP

SARAH HAYWARD

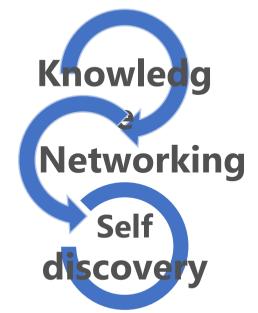
A CASE STUDY FROM OXLEAS NHS FOUNDATION TRUST

MY SLT RESEARCH JOURNEY



SLT Research Champion

Research Changes You!



Transaction





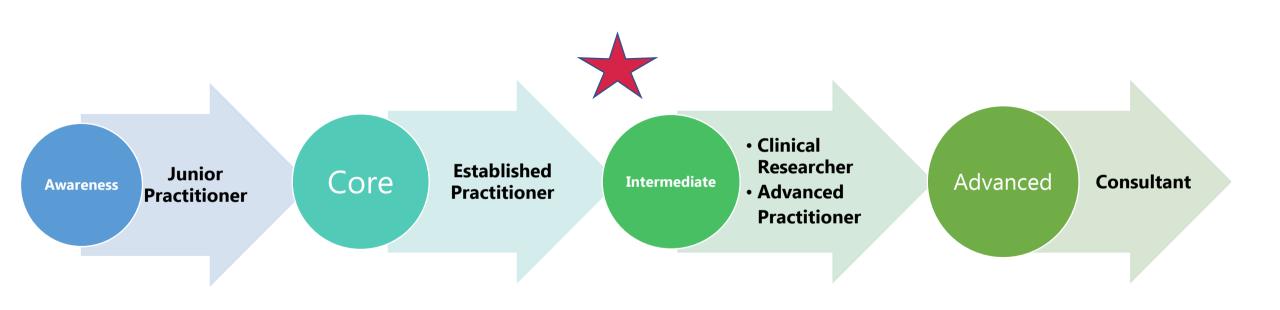
Transformation

https://bmcmededuc.biomedcentral.com/articles/10.1186/s12909-020-02348-2

THE RESOURCE MAP



LEVELS OF COMPETENCE



Awareness

Core

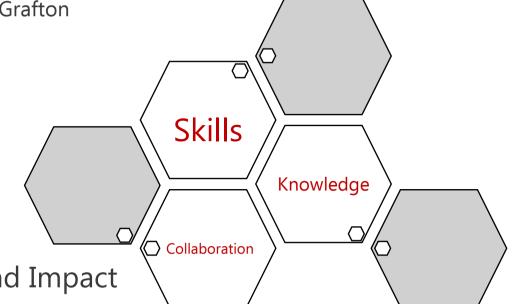
Intermediate

Advanced

EIGHT DOMAINS Shaping Better Practice Through Research: CAHPR Clinical Research

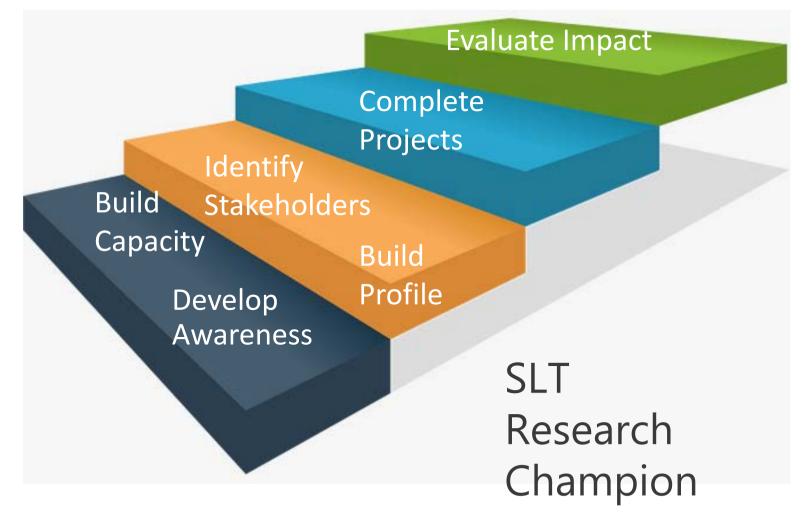
Skills and Knowledge Framework. Jennifer Harris, Jo Cooke & Kate Grafton

- 1. Own Career Development
- 2. Research Methodology and Methods
- 3. Research Delivery
- 4. Research-Informed Practice, Dissemination and Impact
- 5. Working with Others and Collaborating in Research
- 6. Research Education and Training
- 7. Research Leadership and Management
- 8. Research Strategy and Planning



A New Post





Develop Awareness

4. Promotes

evidence-based
practice to
improve service
user outcome,
patient
experience and
organisation
culture

Develop Awareness

6. Supports and organises local research and teaching events e.g. conferences, journal clubs, study days

Build Capacity

6. Engages in peer support, mentorship and supervision of less-experienced researchers, to nurture talent and promote empowerment and autonomy

4. Promotes
evidence-based
practice to
improve service
user outcome,
patient
experience and
organisation
culture

Build Capacity

Identify Stakeholders

7. Work with stakeholders throughout the research process

7. Identifies and engages relevant stakeholders in research projects

Identify Stakeholde rs

Build Profile

Build Profile

5. Networking and relationship building to enhance research opportunities and activity e.g. professional bodies, professional networks, e.g. CAHPR, NIHR infrastructure e.g. Ambassadors, mentors

PROJECTS Trust Communication wide Access UK **PROJECTS** SLT/Education Talking Mats Project

Your questions









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