

## RCSLT AWARENESS DATES



# MARCH 2022

There are a number of awareness events during March that are relevant to people with communication and swallowing needs. If you are interested in promoting how speech and language therapy transforms lives in these areas, RCSLT has a range of resources to support your campaigning and influencing.

If you know of any other March or future awareness events, please let us know at [info@rcslt.org](mailto:info@rcslt.org).



### 3 MARCH - UNIVERISTY MENTAL HEALTH DAY

RCSLT resources:

- RCSLT Health and wellbeing pages: <https://bit.ly/3uQ9Drc>

For more information:

- @UMHANUK - <https://www.unimentalhealthday.co.uk/>

#UniMentalHealthDay

### 3 MARCH - WORLD HEARING DAY

RCSLT resources:

- Webinar with @NDCS\_UK & @SLTHInetwork - <https://bit.ly/3LHFBfl>
- #BuildBackBetterSLT deafness breakdown: <https://bit.ly/351XkNJ>
- #BuildBackBetterSLT deafness video: <https://bit.ly/3gPajEX>
- Clinical resources on Deafness: <https://bit.ly/3oToqh2>

For more information:

- @WHO - <https://www.who.int/campaigns/world-hearing-day/2022>

#safelistening  
#worldhearingday  
#hearingcare





## 6 MARCH - ESLA DAY: SLT ACROSS THE LIFE SPAN

RCSLT resources:

- What is speech and language therapy? factsheet - <https://bit.ly/3JxvAzs>

For more information:

- @UK\_ESLA and @ESLAEurope - <https://eslaeurope.eu/>

#EuroSLTday



## 7-12 MARCH - NATIONAL CAREERS WEEK

RCSLT resources:

- Become a Speech and Language Therapist - <https://bit.ly/3rWOtpA>

For more information:

- <https://ncw2020.co.uk/planning-publicity-printables/>

#NCW2022



## 10 MARCH - SOCIAL PRESCRIBING DAY

For more information:

- Driving forward social prescribing: A framework for Allied Health Professionals - <https://bit.ly/3HZKUEG>

Speech and language therapy case studies:

- Alix Lewer @includeorg - <https://bit.ly/3p4MZHK>
- Chloe Baker - <https://bit.ly/33JsSaQ>
- Kirsty Basnett @kjb\_liesl - <https://bit.ly/3l8kRew>
- Vicky Lack @vml11 - <https://bit.ly/3h0QuL4>

#socialprescribingday



## 14-19 MARCH - NEURODIVERSITY CELEBRATION WEEK

For more information:

- @NCWeek - <https://www.neurodiversity-celebration-week.com>

#NeurodiversityCelebrationWeek



## 16 MARCH - SWALLOWING AWARENESS DAY

RCSLT resources:

- Swallowing Awareness Day resources - <https://bit.ly/34N4d5E>
- [@GivingVoiceUK](#) Swallowing Awareness, Student EDS Twitter Takeover - 25 February until 25 March

#SwallowAware2022

#RCSLTEDS



## 20 MARCH - WORLD ORAL HEALTH DAY

RCSLT resources:

- Mouth care guidance - <https://bit.ly/3gOlbBS>

For more information:

- <https://www.worldoralhealthday.org>

#MouthProudChallenge



## 21 MARCH - WORLD POETRY DAY

Resources:

- #SpeakUpForCommunication poem by @StephFBurgess - <https://bit.ly/3uS32fX>

#worldpoetryday

#SLTpoems



## 21 MARCH - WORLD DOWN SYNDROME DAY

RCSLT resources:

- #BuildBackBetterSLT Down's syndrome breakdown - <https://bit.ly/3s3Z4PD>
- #BuildBackBetterSLT Down's syndrome video - <https://bit.ly/3Bphld0>

For more information:

- @WorldDSDay - <https://www.worlddownsyndromeday.org>

#LotsOfSocks

#InclusionMeans



## 31 MARCH - TRANSGENDER DAY OF VISIBILITY

RCSLT resources:

- RCSLT webinar: Giving voice to Trans people with @SeanPert, @LGBTfdn and Zane Robinson - <https://bit.ly/3uS5x1P>
- RCSLT clinical resources: Trans voice - <https://bit.ly/3A94JX1>

For more information:

- <https://lgbt.foundation/news/trans-day-of-visibility-2021/415>

#TDOV

#TransDayOfVisibility



## 29 MARCH - 3 APRIL - WORLD AUTISM ACCEPTANCE WEEK

RCSLT resources:

- Autism clinical resources - <https://bit.ly/3oWmSml>
- #BuildBackBetterSLT autism breakdown - <https://bit.ly/3uXyiu4>
- #BuildBackBetterSLT autism video - <https://bit.ly/3JCOLJE>

For more information:

- National Autistic Society - <https://bit.ly/34ZKcsf>

#AutismAcceptanceWeek