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Surrey Communication and Language in Education Study

Professor Courtenay Norbury University College London 11 July 2022





Enormous thanks to teachers, school staff, children and parents in Surrey – especially Jennifer Charters, Virginia Martin, Cheryl Dyer, Wendy Mumford, Barbara Paulger





Gillian Baird



Tony Charman



Debbie Gooch



Sarah Griffiths

Emily

Simonoff



Andrew **Pickles**



George Vamvakas



Chatrin Suskasilp



Shaun Goh



2012-2013 Claire Corser, Becca Lucas, Tanya Hayman, Charlotte Wray, Naomi Swain, Charlotte Nason, Debbie Gooch, Hayley White



2014-2015 Katie Whiteside, Charlotte Wray, Claire Corser, Natalie Kenney, Caroline Bird, Harriet Maydew



2018-2020 Gracie New, Laura Lucas, Sarah Venn (not pictured)



Maria Jelen



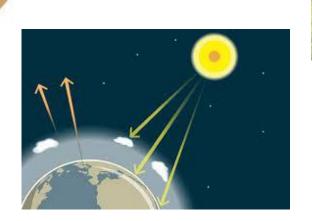
What is Developmental Language Disorder (DLD)?



Key Stage 3 Science: The greenhouse effect









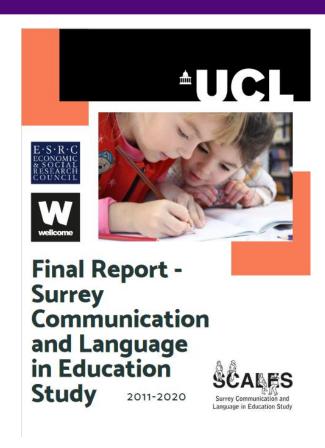


https://www.youtube.com/watch ?v=-orJLnCgGJw



https://www.youtube.com/watch ?v=rwOfkj0dj_0





10 year longitudinal study following children with and without language disorder from reception to secondary school

Key messages:

- Developmental language disorder is PREVALENT
- Developmental language disorder is PERSISTENT
- Language is essential for LEARNING
- Language is essential for good MENTAL HEALTH



Language Disorder is PREVALENT and PERSISTENT:

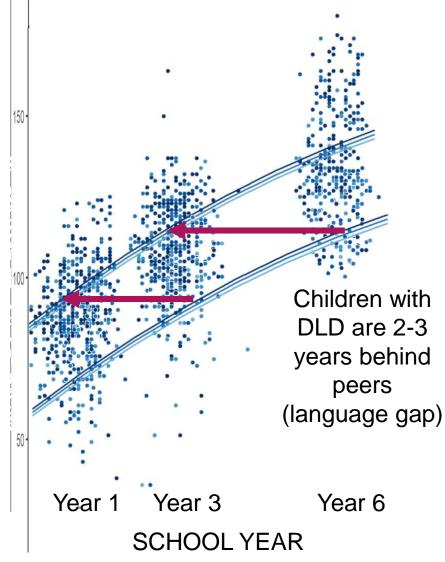


Developmental Language Disorder: The most common childhood condition you've never heard of

Professor Courtenay Norbury debunks some myths about children with this common but poorly understood condition

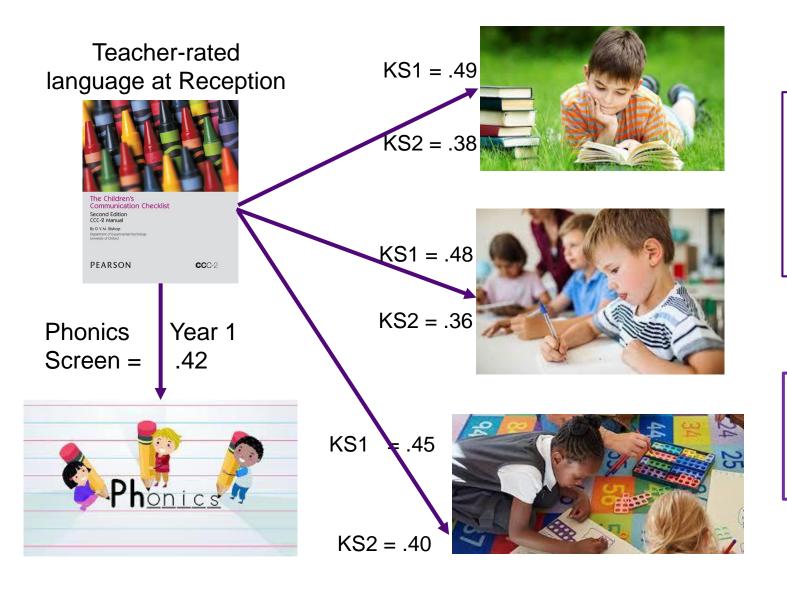


- 7.58% had DLD with no associated condition
- TWO CHILDREN IN EVERY CLASS
- 2.34% had LD with an associated condition (autism, ADHD, etc).
- Social gradient 2.5x
 greater prevalence in
 areas if greatest
 deprivation SES
 attainment gaps may
 be language-related!





LANGUAGE is essential for LEARNING:



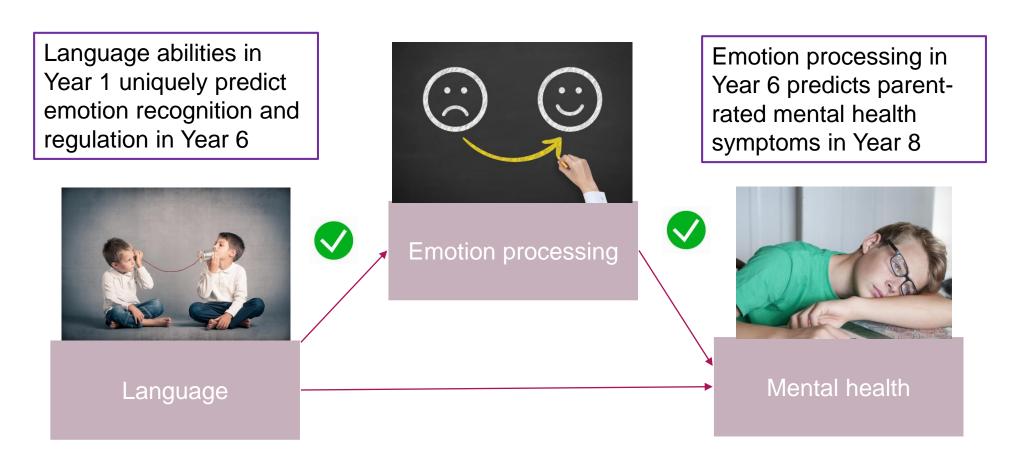
Strength of association similar for reading and maths

Strength of association similar for monolinguals and those with English as an additional language

Despite this persistent need, ~half of children with an SLCN in Year 6 have no SEN registration in secondary school



LANGUAGE is important for MENTAL HEALTH:



- (1) Language skills are essential to accessing 'talking therapies'
- (2) Language interventions that target emotion processes should have positive impacts on mental health



Improving language outcomes is (a bit) like losing/maintaining a healthy weight...

Early AND on-going intervention



Short-term interventions have immediate benefits, but fade over time & challenging to implement

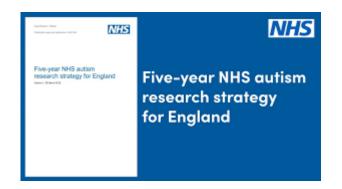
Workforce planning

- Plan for all the settings in which speech-language therapists can make a difference, including education
- Oral language at the heart of the education
 - Designated oracy co-ordinators
 - Improved teacher training
 - Improved access to specialist speech-language therapy (School SLC Teams?)
- Better awareness of DLD and it is taken seriously
 - Health inequality, levelling up, youth justice, SEND, NEETs huge personal and societal cost of DLD
- Accessible mental health provision
 - School mental health teams /CAMHS services with integrated with speech-language therapy

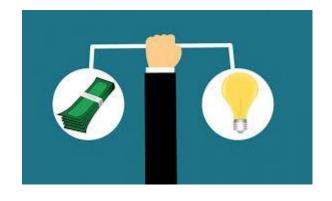


Longer term goals:

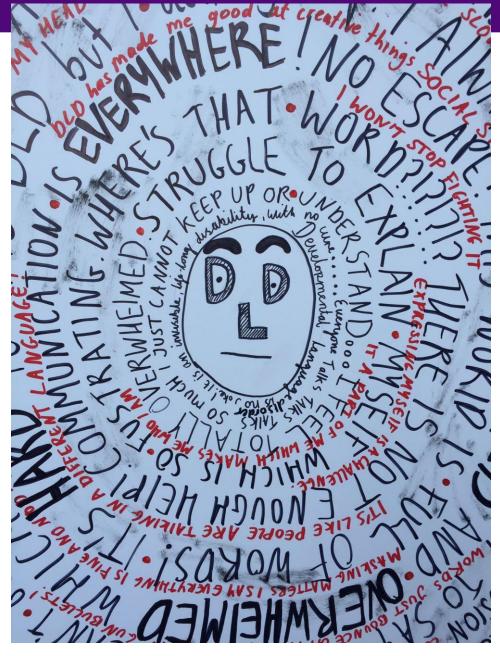
- Language intervention as preventative health measure
 - NHS strategy for speech, language and communication (SLCN), including DLD
 - increased funding & access to speechlanguage therapy, focus on vulnerable families/young people
- Health and social care support for adults with DLD
- Improved research funding
 - UKRI spending £140million on mental health research – very little considers the needs of children with SLCN
 - Little research funding for DLD –
 evidence of what works, for whom, when, and what the downstream effects are on education, health and well-being











"The world is full of words!"

"struggle"

"overwhelmed"

"frustrating"

"There is not enough help"



- Scale of need over longer term
- Impact of poor language on education and well-being
- Potential intervention targets



Thank you for listening!

https://www.youtube.com/watch?v=-orJLnCgGJw

WORDS FOR WELLBEING:
WHY LANGUAGE IS IMPORTANT
FOR MENTAL HEALTH







#ThinkLanguage #ThinkDLD

DEVELOPMENTAL LANGUAGE DISORDER AWARENESS DAY | FRIDAY 14 OCTOBER 2022

https://www.youtube.com/RADLD

https://radld.org



Selected SCALES publications:

- Griffiths, S., et al. (2021). Mutualistic coupling of vocabulary and non-verbal reasoning in children with and without language disorder. *Developmental Science*, https://doi.org/10.1111/desc.13208
- Norbury, C., et al. (2021). Socioeconomic disadvantage is associated with prevalence of developmental language disorders, but not rate of language or literacy growth in children from 4 to 11 years. (preprint) https://doi.org/10.31234/osf.io/nyv7z
- Griffiths, S., et al. (2021). Relationship between early language competence and cognitive emotion regulation in adolescence. *Royal Society Open Science*, https://doi.org/10.1098/rsos.210742
- Goh, S.K.Y., et al. (2021). Sources of Variability in the Prospective Relation of Language to Social, Emotional, and Behavior Problem Symptoms: Implications for Developmental Language Disorder. *Journal of Abnormal Psychology*, https://doi.org/10.1037/abn0000691
- Griffiths, S., et a. (2020). Early language competence, but not general cognitive ability, predicts children's recognition of emotion from facial and vocal cues. PeerJ. https://doi.org/10.7717/peerj.9118
- Suksasilp, C., et al. (2020). Reliability and validity of a temporal distancing emotion regulation task in adolescence. *Emotion*. https://doi:10.1037/emo0000744
- Gooch, D., et al. (2019). Does Inattention and Hyperactivity Moderate the Relation Between Speed of Processing and Language Skills?. *Child Development*. https://doi:10.1111/cdev.13220
- Norbury, C., et al. (2017). Language growth in children with heterogeneous language disorders: a population study. *Journal of Child Psychology and Psychiatry*. https://doi:10.1111/jcpp.12793
- Whiteside, K. E., & Norbury, C. F. (2017). The Persistence and Functional Impact of English Language Difficulties Experienced by Children Learning English as an Additional Language and Monolingual Peers. *Journal of Speech Language and Hearing Research*, https://doi:10.1044/2017_JSLHR-L-16-0318
- Norbury, C., et al. (2016). The impact of nonverbal ability on prevalence and clinical presentation of language disorder: evidence from a population study. *Journal of Child Psychology and Psychiatry*. https://doi:10.1111/jcpp.12573
- Norbury, C., et al. (2016). Younger children experience lower levels of language competence and academic progress in the first year of school: evidence from a population study. *Journal of Child Psychology and Psychiatry*, 57 (1), 65-73. https://doi:10.1111/jcpp.12431