

## February 2023 Awareness Events

There are awareness events during February that are relevant to people with communication and/or swallowing needs. Here are some resources to support you if you wanted to promote the role of speech and language therapy in these areas.

If you know of other awareness events, please let us know on [peter.just@rcslt.org](mailto:peter.just@rcslt.org)

### General resources

- @includeorg, @givingvoicelds, @AphasiaChoir  
#OneWorldOfCommunication video:  
<https://www.youtube.com/watch?app=desktop&v=l-rt9liR3ao>
- @StephFBurgess #SpeakUpForCommunication poem:  
<https://www.youtube.com/watch?v=8FdpybHUnFw>

### 1-28 February - LGBT History Month

@GivingVoiceUK Twitter Takeover for Pride Month:

[https://wakelet.com/wake/wKy9u\\_puKNmHjV1kIRIqD](https://wakelet.com/wake/wKy9u_puKNmHjV1kIRIqD)

### 2 February - Time to Talk Day

@RCSLT resources:

- Children and Young People with SEMH:  
<https://www.rcslt.org/-/media/Project/RCSLT/rcslt-social-emotional-mental-health-factsheet.pdf>
- The Five Good Communication Standards and SEMH:  
<https://www.rcslt.org/wp-content/uploads/media/docs/events/FGCS-and-SEMH.pdf>
- Mental Health:  
[https://www.rcslt.org/wp-content/uploads/media/RCSLT\\_AMH\\_A4\\_4pp\\_DIGITAL\\_book.pdf](https://www.rcslt.org/wp-content/uploads/media/RCSLT_AMH_A4_4pp_DIGITAL_book.pdf)
- RCSLT clinical resources – adults:  
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/mental-health-adults>
- RCSLT clinical resources – children and young people:  
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/social-emotional-and-mental-health>

For more information:

- <https://timetotalkday.co.uk/>

#TimeToTalk

#### **4 February - World Cancer Day**

@RCSLT resources:

- Head and Neck Cancer:  
<https://www.rcslt.org/-/media/Project/factsheet-head-neck-cancer.pdf>
- Swallowing/Head and Neck Cancer:  
<https://www.rcslt.org/-/media/Project/RCSLT/rcslt-swallowing-head-neck-cancer-factsheet.pdf>
- RCSLT clinical resources:  
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/head-and-neck-cancer>

@GivingVoiceUK Twitter Takeover:

- <https://wakelet.com/wake/QR03wqWW0L97M27PViVsz>

For more information:

- <https://www.worldcancerday.org/>

#CloseTheCareGap #WorldCancerDay

#### **6-12 February - Children's Mental Health Week**

@RCSLT resources:

- Children and Young People with SEMH:  
<https://www.rcslt.org/-/media/Project/RCSLT/rcslt-social-emotional-mental-health-factsheet.pdf>
- The Five Good Communication Standards and SEMH:  
<https://www.rcslt.org/wp-content/uploads/media/docs/events/FGCS-and-SEMH.pdf>
- RCSLT webinar:  
[https://www.youtube.com/watch?v=8Fe96A\\_FjR4](https://www.youtube.com/watch?v=8Fe96A_FjR4)

For more information:

- <https://www.childrensmentalhealthweek.org.uk/>

#ChildrensMentalHealthWeek

#### **6-12 February - Race Equality Week**

For more information:

- <https://www.raceequalitymatters.com/race-equality-week/>

#RaceEqualityWeek

#### **15 February - International Angelman Day**

@GivingVoiceUK Twitter Takeover:

<https://wakelet.com/wake/AToMNsCRJrITmYeEtGWoL>

For more information:

- <https://www.angelmanuk.org/>

#InternationalAngelmanDay #IAD2023

## **21 February – International Mother Language Day**

@RCSLT bilingualism resources:

- <https://www.rcslt.org/speech-and-language-therapy/clinical-information/bilingualism/>

For more information:

- <https://www.un.org/en/observances/mother-language-day>

## **25 February - International Cochlear Implant Day**

@RCSLT resources:

- <https://www.rcslt.org/speech-and-language-therapy/clinical-information/deafness>

@GivingVoiceUK Twitter Takeover on deaf mental health:

- <https://wakelet.com/wake/ZTepMCNy1jpBMkyvJniDs>

For more information:

- <https://www.cicsgroup.org.uk/> and <https://www.nciua.org.uk/>

#InternationalCochlearImplantDay

## **28 February - Rare Disease Day**

- @RCSLT craniosynostosis factsheet:  
[https://www.rcslt.org/wp-content/uploads/2021/03/RCSLT\\_Craniosynostosis\\_A4\\_4pp\\_Booklet.pdf](https://www.rcslt.org/wp-content/uploads/2021/03/RCSLT_Craniosynostosis_A4_4pp_Booklet.pdf)
- @GivingVoiceUK Twitter Takeover on craniosynostosis:  
[https://wakelet.com/wake/gIEy0ht6yEYjjGD\\_Nn1f-](https://wakelet.com/wake/gIEy0ht6yEYjjGD_Nn1f-)
- @GivingVoiceUK Twitter Takeover on Angelman Syndrome:  
<https://wakelet.com/wake/AToMNsCRJrITmYeEtGWoL>
- @GivingVoiceUK Twitter Takeover on Rett syndrome:  
<https://wakelet.com/wake/lzr6REq-ADMhAFiFYJCwt>
- @GivingVoiceUK Twitter Takeover on Motor Neurone Disease:  
[https://wakelet.com/wake/OaRZfsANRy3-g4vH\\_fsdv](https://wakelet.com/wake/OaRZfsANRy3-g4vH_fsdv)
- @GivingVoiceUK thread on 22q11.2:  
<https://twitter.com/GivingVoiceUK/status/1465221490530521089?s=20&t=K-MemMDvax8iT-rKfXOylg>

For more information:

- <https://www.rare-disease.org.uk>

@rare-diseaseday

#RareDiseaseDay