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My advice to students:

Take every opportunity you can to experience different things, but make sure you have the right support too – relax, spend time with friends, get some exercise, enjoy life too.

What does your current role involve?

I work in theory with children from age 0 to 19, although currently my caseload is from 4 to 16. I work mostly in schools assessing and reviewing children's targets, and providing therapy, demo sessions and training to education staff and parents.

When did you start your job, and how did you find it?

I completed my course in December 2022, and started work at the end of January 2023. I found the job on NHS jobs – jobs.nhs.uk.

How did you prepare for interviews?

We had mock interviews at university which were incredibly helpful. Because I was applying for jobs with children I tried to ensure I had revised an overview of child development and relevant conditions. I also thought about some specific experiences from placement that might be relevant in interviews.

What does your typical day look like?

Arrive in school around 8.30 and check my emails and appointments for the day, the morning might be 3-4 therapy sessions and the afternoon 1-2 assessment sessions – these could include speech, language, stammering, AAC needs, and more.

Do you have supervision support as an NQP, and are you currently working through your NQP goals?

I have had fantastic supervision at CWPT – I met with my mentor initially weekly, then fortnightly, and now about every 3 weeks. We discuss cases or look at my NQP goals – I'm happy to say I got my NQP goals all signed off 2 weeks ago! I can also email or Teams call anyone else in the team as needed – they have been amazing.

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