**RCSLT consultation form**

**Major Conditions Strategy: Call for evidence 2023**

**The call for evidence covers people living with cancer, stroke, dementia, mental health conditions and chronic respiratory diseases including upper airway disorders. It also asks about health inequalities.**

**How to respond**

Please answer the questions that relate to your services. You don't need to answer all the questions. Please return this form to Claire Moser [Claire.moser@rcslt.org](mailto:Claire.moser@rcslt.org) at the RCSLT by the 14June.

| **Questions** | **Your response** |
| --- | --- |
| **Cardiovascular disease including stroke**    Question  In your opinion, which of these areas would you like to see prioritised for CVD? (Select up to 3)   1. Preventing the onset of CVD through population-wide action on risk factors and wider influences on health (sometimes referred to as primary prevention) 2. Stopping or delaying the progression of CVD through clinical interventions for individuals at high risk (sometimes referred to as secondary prevention) 3. Getting more people diagnosed quicker 4. Improving treatment provided by urgent and emergency care 5. Improving non-urgent and long-term treatment and care to support the management of CVD |  |
| **Cardiovascular disease including stroke**    Question  How can we successfully identify, engage and treat groups at high risk of developing CVD through delivery of services that target clinical risk factors (atrial fibrillation, high blood pressure and high cholesterol)? |  |
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| **Chronic respiratory diseases**    Question  In your opinion, which of these areas would you like to see prioritised for CRD? (Select up to 3)   1. Preventing the onset of CRDs through population-wide action on risk factors and wider influences on health (sometimes referred to as primary prevention) 2. Stopping or delaying the progression of CRDs through clinical interventions for individuals at high risk (sometimes referred to as secondary prevention) 3. Getting more people diagnosed quicker 4. Improving treatment provided by urgent and emergency care 5. Improving non-urgent and long-term treatment and care to support the management of CRD |  |
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| **Dementia**    Question  In your opinion, which of these areas would you like to see prioritised for dementia? (Select up to 3)   1. Preventing the onset of dementia through population-wide action on risk factors and wider influences on health (sometimes referred to as primary prevention) 2. Delaying the progression of dementia through clinical interventions for individuals at high risk (sometimes referred to as secondary prevention) 3. Getting more people diagnosed quicker 4. Improving treatment provided by urgent and emergency care 5. Improving non-urgent and long-term treatment and care to support the management of dementia |  |
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| **Tackling the risk factors for ill health**    Question  Do you have any suggestions on how we can support people to tackle preventable risk factors for ill health?   * Yes * No |  |

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| **Tackling the risk factors for ill health**    Question  How can we support people to tackle these risk factors?    You might consider suggestions on how we could:   * make changes at a local level to improve the food offer and support people to achieve or maintain a healthy weight and eat a healthy diet * identify and support inactive people to be more physically active * support people to quit smoking, including through increasing referrals to stop smoking support and uptake of tobacco dependency treatment * support people who want to drink less alcohol to do so |  |
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| **Supporting those with conditions and improving their outcomes for peple across their life course**    Question  How can we better support local areas to diagnose more people at an earlier stage?    You might consider suggestions to increase capacity available for diagnostic testing or identify people who need a diagnosis sooner.    Please specify who this applies to:   * Cardiovascular disease including stroke * Chronic respiratory diseases * Dementia * multiple conditions |  |
| Question  How can we better support and provide treatment for people after a diagnosis?    You might consider suggestions that help people to manage and live well with their conditions, with support from both medical and non-medical settings.    Please specify who this applies to:   * Cardiovascular disease including stroke * Chronic respiratory diseases * Dementia * multiple conditions |  |
| Question  How can we better enable health and social care teams to deliver person-centred and joined-up services?    You might consider suggestions to improve the skill mix and training of the health and social care workforce.    Please specify who this applies to:   * Cardiovascular disease including stroke * Chronic respiratory diseases * Dementia * multiple conditions |  |
| Question  How can we make better use of research, data and digital technologies to improve outcomes for people with, or at risk of developing, the major conditions?    Please specify who this applies to:   * Cardiovascular disease including stroke * Chronic respiratory diseases * Dementia * multiple conditions |  |
| Question  How can we improve access to palliative and end of life care?    You might consider suggestions for how best to involve individuals in conversations about their future care.    Please specify who this applies to:   * Cardiovascular disease including stroke * Chronic respiratory diseases * Dementia * multiple conditions |  |
|  |  |
| **Please share your ideas on**    Question   * how we can improve outcomes for people across the life course, from pre-conception, early years, childhood and young adulthood, into adulthood and older age |  |
| Question   * how we can target population groups most in need - including addressing disparities in health outcomes and experiences by gender, ethnicity and geography |  |
| Question   * what could be adopted and scaled quickly (that is, in the next 1 to 2 years) with impact |  |
| Question   * what we can learn from local, national and international examples of good practice, and what wider factors are either enabling them to be a success or are blocking them from being even more successful |  |
| * if you’ve tried a particular approach with success, please indicate the cost and be as specific as possible about how the approach was implemented |  |
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| **Cancer**  The cancer call for evidence published in 2022 provided useful insights that will shape the development of the major conditions strategy. However, if you wish to, we wanted to provide an opportunity to provide any further insights in this call for evidence.    Question  How can we better support those with cancer? |  |
| **Mental health**  The mental health call for evidence published in 2022 provided useful insights that will shape the development of the major conditions strategy. However, if you wish to, we wanted to provide an opportunity to provide any further insights in this call for evidence.    Question  How can we better support those with mental ill health? |  |

**How to respond**

**Please return this form to Claire Moser** [**Claire.moser@rcslt.org**](mailto:Claire.moser@rcslt.org) **at the RCSLT by the 14 June.**