

November 2023 Awareness Events

There are awareness events during November that are relevant to people with communication and/or swallowing needs. Here are some resources to support you if you want to promote the role of speech and language therapy in these areas.

If you know of other awareness events, please let us know on

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General resources

- @includeorg, @givingvoicelds, @AphasiaChoir #OneWorldOfCommunication video:
<https://www.youtube.com/watch?app=desktop&v=I-rt9liR3ao>
- @StephFBurgess #SpeakUpForCommunication poem:
<https://www.youtube.com/watch?v=8FdpybHUnFw>

Mouth Cancer Action Month

- @RCSLT clinical information:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/head-and-neck-cancer/>

#MouthCancerAction #MouthCancer

6-12 November: UK Malnutrition Awareness Week

- Information:
<https://www.malnutritiontaskforce.org.uk/uk-malnutrition-awareness-week-2023#UKMAW2023>

13-17 November: Anti-Bullying Week

- For information: <https://anti-bullyingalliance.org.uk/anti-bullying-week>

#AntiBullyingWeek #UnitedAgainstBullying

13-19 November: Self Care Week

- @RCSLT factsheet on voice care and projection:
<https://www.rcslt.org/wp-content/uploads/2022/05/RCSLT-Voice-Care-factsheet.pdf>

- For information:
<https://www.selfcareforum.org/events/self-care-week/>

#SelfCareWeek

15 November: World COPD Day

- @RCSLT clinical information:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/upper-airway-disorders-adults/>
- @RCSLT factsheet:
<https://www.rcslt.org/wp-content/uploads/media/Project/RCSLT/rcslt-upper-airway-disorders-factsheet.pdf>

#WorldCOPDDay

16 November-16 December: UK Disability History Month

20 November: World Children's Day

- For information: <https://www.unicef.org/world-childrens-day>

#WorldChildrensDay

20 November: 22q Awareness Day

- @RCSLT resource:
<https://x.com/GivingVoiceUK/status/1465221490530521089?s=20>