**CHOICES**Making decisions with or for people with eating and drinking difficulties

Centred around the person  
(past/present wishes and beliefs, implications for the individual)

Holistic   
(Consider in context of other co-morbidities, prognosis, reversible causes)

Options   
(List the choices in this case? Pros and cons of options? Advanced care planning options?)

In best interests   
(Does the person have presumed mental capacity? If not, a trust MCA will need to be completed. Is there an LPA or Advanced Directive?)

Communicated  
(Who have the choices been discussed with- name, relationship to person, how and when?)

Evidenced   
(What are the risks? How do we know they exist? How frequent /severe are they?)

Shared   
(Which professionals have been involved in this decision-making process? Name and profession)

How will dysphagia be managed? What are the wishes for future management of aspiration pneumonia +/- hospital readmission?