

November 2025 Awareness Events

There are awareness events during November that are relevant to people with communication and/or swallowing needs. Here are some resources to support you if you want to promote the role of speech and language therapy in these areas.

If you know of other awareness events, please let us know on

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General resources

- @includeorg, @givingvoicelds, @AphasiaChoir #OneWorldOfCommunication video:
<https://www.youtube.com/watch?app=desktop&v=l-rt9liR3ao>
- @StephFBurgess #SpeakUpForCommunication poem:
<https://www.youtube.com/watch?v=8FdpybHUnFw>

Mouth Cancer Action Month

- @RCSLT clinical information:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/head-and-neck-cancer/>

#MouthCancerAction #MouthCancer

10-14 November: Anti-Bullying Week

- For information:
<https://anti-bullyingalliance.org.uk/anti-bullying-week>

13-19 November: Transgender Awareness Week

- @RCSLT clinical information:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/trans-voice/>
- @RCSLT guidance:
<https://www.rcslt.org/learning/equity-diversity-and-belonging/supporting-lgbtqia-colleagues-in-the-workplace-a-guide-for-all/>

17-23 November: UK Malnutrition Awareness Week

- For information: <https://www.malnutritiontaskforce.org.uk/ukmaw2025-save-date>

#UKMAW2025

17-23 November: Self Care Week

- @RCSLT factsheet on voice care and projection: <https://www.rcslt.org/wp-content/uploads/2022/05/RCSLT-Voice-Care-factsheet.pdf>
- For information: <https://www.selfcareforum.org/events/self-care-week/>

#SelfCareWeek

20 November: World COPD Day

- @RCSLT clinical information: <https://www.rcslt.org/speech-and-language-therapy/clinical-information/upper-airway-disorders-adults/>
- @RCSLT factsheet: <https://www.rcslt.org/wp-content/uploads/media/Project/RCSLT/rcslt-upper-airway-disorders-factsheet.pdf>

#WorldCOPDDay

20 November-20 December: UK Disability History Month

- For information: <https://ukdhm.org/>

20 November: World Children's Day

- For information: <https://www.unicef.org/world-childrens-day>

#WorldChildrensDay

22 November: International 22q Day

- @RCSLT resource: <https://x.com/GivingVoiceUK/status/1465221490530521089?s=20>
- For information: <https://www.maxappeal.org.uk/chronological-news/light-it-red-for-international-22q-day>