



October 2025 Awareness Events

There are awareness events during October that are relevant to people with communication and/or swallowing needs. Here are some resources to support you if you want to promote the role of speech and language therapy in these areas.

If you know of other awareness events, please let us know on

elissa.cregan@rcslt.org

General resources

- @includeorg, @givingvoicelds, @AphasiaChoir #OneWorldOfCommunication video:
<https://www.youtube.com/watch?reload=9&app=desktop&v=l-rt9liR3ao>
- @StephFBurgess #SpeakUpForCommunication poem:
<https://www.youtube.com/watch?v=8FdpybHUnFw>

Rett Syndrome Awareness Month

@RCSLT resources:

- #GVTwitterTakeover:
<https://wakelet.com/wake/lzr6REg-ADMhAFiFYJCwt>

Selective Mutism Awareness Month

@RCSLT resources:

- RCSLT clinical information:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/selective-mutism>
- #GVTwitterTakeover:
<https://wakelet.com/wake/umTvaOWsnV2pIKSfRvzTH>

#SelectiveMutism

ADHD Awareness Month

#ADHDAwareness

AAC Awareness Month

@RCSLT resources:

- RCSLT clinical information:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/augmentative-and-alternative-communication>

#AAC

Celebrating the Bilingual Child Month

@RCSLT resources:

- RCSLT clinical information:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/bilingualism>

6 October: World Cerebral Palsy Day

@RCSLT resources:

- RCSLT clinical information:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/motor-disorders/#section-1>

#WorldCPDay2025

6-12 October: Dyspraxia Awareness Week

@RCSLT resources:

- RCSLT clinical information:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/speech-sound-disorders/#section-16>
- #GVTwitterTakeover by Claire Madeira:
<https://wakelet.com/wake/WKqvbVdBWaEGtpCmChCgL>

10 October: World Mental Health Day

@RCSLT resources:

- RCSLT clinical information:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/social-emotional-and-mental-health>
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/mental-health-adults/>
- RCSLT factsheet on SEMH:
<https://www.rcslt.org/wp-content/uploads/media/Project/RCSLT/rcslt-social-emotional-mental-health-factsheet.pdf>
- RCSLT factsheet on CAMHS:
<https://www.rcslt.org/-/media/docs/RCSLTCYPMHSA4Digital.pdf?la=en&hash=ADEF0D30638C3E9623E151BC96FDD9BBCA532ADC>
- RCSLT factsheet on adult mental health:
<https://www.rcslt.org/-/media/RCSLT AMH A4 4pp DIGITAL book.pdf?la=en&hash=03540FE01A51239BBD671A0F91C3CB3FE76A8253>

10 October: World Homeless Day

@RCSLT resources:

- Policy statement:
https://www.rcslt.org/wp-content/uploads/2024/10/RCSLT-and-Homelessness-CEN_policy-statement_October2024.pdf
- Sector statement:
<https://www.rcslt.org/wp-content/uploads/2024/10/Sector-statement-on-homelessness-briefing-document-October2024-1.pdf>

14 October: AHPs Day

#AHPsDay

17 October: Developmental Language Disorder Awareness Day

@RCSLT resources:

- RCSLT clinical information:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/developmental-language-disorder>
- RCSLT factsheet on DLD:
<https://www.rcslt.org/wp-content/uploads/2021/10/rcslt-dld-factsheet.pdf>
- #GVTwitterTakeover by Ioan, a person with DLD, Imogen, his mother, and Lorraine Bamblett, a speech and language therapist:
<https://wakelet.com/wake/NfmeuKkTwUMrFMrDj2ID>

#DLDDay

22 October: International Stammering Awareness Day

@RCSLT resources:

- RCSLT clinical information:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/dysfluency>
- #GVTwitterTakeover by Paul O'Meara, a person who stammers:
https://wakelet.com/wake/aSQaUk16vFwc88p8_Lsq0

29 October: World Stroke Day

@RCSLT resources:

- RCSLT clinical information:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/stroke>
- #GVTwitterTakeover by Kathy Cann, a speech and language therapist specialising in aphasia:
<https://wakelet.com/wake/fzhyvtURIWjLdIosIGbLm>

25 October - 1 November: International Brain Tumour Awareness Week