

February 2026 Awareness Events

There are awareness events during February that are relevant to people with communication and/or swallowing needs. Here are some resources to support you if you want to promote the role of speech and language therapy in these areas.

If you know of other awareness events, please let us know on peter.just@rcslt.org

General resources

- @includeorg, @givingvoicelds, @AphasiaChoir #OneWorldOfCommunication video:
<https://www.youtube.com/watch?app=desktop&v=l-rt9liR3ao>
- @StephFBurgess #SpeakUpForCommunication poem:
<https://www.youtube.com/watch?v=8FdpybHUnFw>

1-28 February – LGBT+ History Month

@RCSLT resources:

<https://www.rcslt.org/learning/equity-diversity-and-belonging/supporting-lgbtqia-colleagues-in-the-workplace-a-guide-for-all/>

@GivingVoiceUK Takeover for Pride Month:

https://wakelet.com/wake/wKy9u_puKNmHjV1kIRIqD

5 February - Time to Talk Day

@RCSLT resources:

- Children and Young People with SEMH:
<https://www.rcslt.org/-/media/Project/RCSLT/rcslt-social-emotional-mental-health-factsheet.pdf>
- Mental Health:
https://www.rcslt.org/wp-content/uploads/media/RCSLT_AMH_A4_4pp_DIGITAL_book.pdf
- RCSLT clinical resources – adults:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/mental-health-adults>
- RCSLT clinical resources – children and young people:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/social-emotional-and-mental-health>

4 February - World Cancer Day

@RCSLT resources:

- Head and Neck Cancer:
<https://www.rcslt.org/wp-content/uploads/media/Project/RCSLT/head-and-neck-cancer-fact-sheet.pdf>

- @GivingVoiceUK Takeover:
<https://wakelet.com/wake/QR03wqWW0L97M27PViVsz>
- RCSLT clinical resources:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/head-and-neck-cancer>

9-15 February - Children's Mental Health Week

@RCSLT resources:

- Children and Young People with SEMH:
<https://www.rcslt.org/-/media/Project/RCSLT/rcslt-social-emotional-mental-health-factsheet.pdf>
- RCSLT clinical resources – children and young people:
<https://www.rcslt.org/speech-and-language-therapy/clinical-information/social-emotional-and-mental-health>

15 February - International Angelman Day

@GivingVoiceUK Takeover:

<https://wakelet.com/wake/AToMNsCRJrITmYeEtGWoL>

21 February – International Mother Language Day

@RCSLT bilingualism resources:

- <https://www.rcslt.org/speech-and-language-therapy/clinical-information/bilingualism/>

25 February - International Cochlear Implant Day

@RCSLT resources:

- <https://www.rcslt.org/speech-and-language-therapy/clinical-information/deafness>

@GivingVoiceUK Takeover on deaf mental health:

- <https://wakelet.com/wake/ZTepMCNy1jpBMkyvJniDs>

28 February - Rare Disease Day

- @RCSLT craniosynostosis factsheet:
https://www.rcslt.org/wp-content/uploads/2021/03/RCSLT_Craniosynostosis_A4_4pp_Booklet.pdf
- @GivingVoiceUK Takeover on craniosynostosis:
https://wakelet.com/wake/glEy0ht6yEYjGD_Nn1f-
- @GivingVoiceUK Takeover on Angelman Syndrome:
<https://wakelet.com/wake/AToMNsCRJrITmYeEtGWoL>
- @GivingVoiceUK Takeover on Rett syndrome:
<https://wakelet.com/wake/lzr6REq-ADMhAFiFYJCwt>
- @GivingVoiceUK Takeover on Motor Neurone Disease:
https://wakelet.com/wake/OaRZfsANRy3-g4vH_fsdv
- @GivingVoiceUK Takeover on Huntington's Disease:

https://wakelet.com/wake/jToiFFpyfTfe_3vL8mnDf

- @GivingVoiceUK thread on 22q11.2:
<https://twitter.com/GivingVoiceUK/status/1465221490530521089?s=20&t=K-MemMDvax8iT-rKfXOylg>