

March 2026 Awareness Events

There are awareness events during March that are relevant to people with communication and/or swallowing needs. Here are some resources to support you if you want to promote the role of speech and language therapy in these areas.

If you know of other awareness events, please let us know on elissa.cregan@rcslt.org

1-31 March – Cerebral Palsy Awareness Month

RCSLT resources:

<https://www.rcslt.org/speech-and-language-therapy/clinical-information/motor-disorders/>

1-31 March – Brain Tumour Awareness Month

RCSLT resources:

<https://www.rcslt.org/speech-and-language-therapy/clinical-information/brain-injury/>

<https://www.rcslt.org/news/response-to-governments-new-acquired-brain-injury-strategy-call-for-evidence/>

1-7 March Facial Palsy Awareness Week

RCSLT resources:

<https://wakelet.com/wake/x0T31zWZT2DXpmxquPWta>

3 March – World Hearing Day

RCSLT resources:

<https://www.rcslt.org/speech-and-language-therapy/clinical-information/deafness/>

<https://www.youtube.com/watch?v=HjC46fsSjns>

<https://wakelet.com/wake/ZTepMCNy1jpBMkyvJniDs>

For more information

<https://www.who.int/campaigns/world-hearing-day/2022>

16-22 March – Brain Awareness Week

RCSLT resources:

<https://www.rcslt.org/speech-and-language-therapy/clinical-information/brain-injury/>

<https://www.rcslt.org/news/response-to-governments-new-acquired-brain-injury-strategy-call-for-evidence/>

19 March – Swallowing Awareness Day

RCSLT resources:

<https://www.rcslt.org/events/swallowing-awareness-day-2026/>

19 March – Social Prescribing Day

20 March – World Oral Health Day

For more information:

<https://www.worldoralhealthday.org>

21 March – World Down Syndrome Day

RCSLT resources:

<https://www.rcslt.org/speech-and-language-therapy/clinical-information/learning-disabilities/>

For more information:

<https://www.worlddownsyndromeday.org>

31 March - Transgender Day of Visibility

RCSLT resources:

<https://www.rcslt.org/speech-and-language-therapy/clinical-information/trans-voice/>

<https://www.rcslt.org/learning/equity-diversity-and-belonging/supporting-lgbtqia-colleagues-in-the-workplace-a-guide-for-all/>

https://www.youtube.com/watch?v=HI8mdjvAlwc&list=PL9WZI-0CJ2TIPyp_US8AWDIEPZZb2_8Rv&index=12