November 2026 Awareness Events

There are awareness events during November that are relevant to people with communication and/or swallowing needs. Here are some resources to support you if you want to promote the role of speech and language therapy in these areas.

If you know of other awareness events, please let us know on elissa.cregan@rcslt.org

General resources

- #OneWorldOfCommunication video: https://www.youtube.com/watch?app=desktop&v=I-rt9liR3ao
- Steph Burgess #SpeakUpForCommunicaton poem: https://www.youtube.com/watch?v=8FdpvbHUnFw

Mouth Cancer Awareness Month

- RCSLT clinical information: https://www.rcslt.org/speech-and-language-therapy/clinical-information/head-and-neck-cancer/

13-19 November: Transgender Awareness Week

- RCSLT clinical information: https://www.rcslt.org/speech-and-language-therapy/clinical-information/trans-voice/
- RCSLT guidance: https://www.rcslt.org/learning/equity-diversity-and-belonging/supporting-lgbtqia-colleagues-in-the-workplace-a-guide-for-all/

17-23 November: Self Care Week

- RCSLT factsheet on voice care and projection: https://www.rcslt.org/wp-content/uploads/2022/05/RCSLT-Voice-Care-factsheet.pdf
- For information: https://www.selfcareforum.org/events/self-care-week/

18 November: Speech Sound Disorder Awareness Day

- RCSLT clinical information: https://www.rcslt.org/speech-and-language-therapy/clinical-information/speech-sound-disorders/
- For information: https://www.thespeechdoctorni.co.uk/speech-sound-disorder-awareness-day

20 November: World COPD Day

- RCSLT clinical information: https://www.rcslt.org/speech-and-language-therapy/clinical-information/upper-airway-disorders-adults/
- RCSLT factsheet: https://www.rcslt.org/wp-content/uploads/media/Project/RCSLT/rcslt-upper-airway-disorders-factsheet.pdf

20 November-20 December: UK Disability History Month

- For information: https://ukdhm.org/

20 November: World Children's Day

- For information: https://www.unicef.org/world-childrens-day

22 November: International 22q Day

- RCSLT resource: https://x.com/GivingVoiceUK/status/1465221490530521089?s=20
- For information: https://www.maxappeal.org.uk/chronological-news/light-it-red-for-international-22q-day