



Eve Groarke

Speech and Language Therapist Hesley Group

What does your job involve?
I work with adults with autism and learning disabilities who present with behaviours that can challenge. I work in a residential setting, as part of a MDT.

Starting work
I saw the job on the NHS jobs website whilst I was sitting my final exams. I started working as soon as I finished university in September 2017– as a therapy assistant until my HCPC registration was complete.

Preparing for interviews
I researched the trust/company and their mission statements/values. I revised relevant SLT topics and legislation. I also thought about challenges I experienced and reflected on specific placements experiences that demonstrated my skills.

What does your typical day look like?
My days depend largely on clients' moods and ensuring safety, but I usually have some scheduled 1:1 and group therapy sessions (Makaton, PECS, intensive interaction, sensory stories, attention skills building) and I do a lot of staff training. My assessments are often observational but I also use some formal assessments. I work closely with other professionals, provide advice to the care team and assist with mental capacity assessments. I usually have at least 1 meeting to attend or a report to write too.

Supervision and NQP competencies
I receive supervision formally once per month but I frequently asked for support in between supervisions. It's a really supportive team! I completed my NQP competencies after 8 months of working.

- My advice to students:**
- Believe in yourself!
 - Don't be afraid to ask questions.
 - Keep reading, keep learning.