Hints and tips for telehealth placements

- It may help to foster a ‘learning together’ approach
- Test the platform with the student, before working with the service user
- Where working with pairs or groups of students and a service user, consider whether it is best to have all students on screen, or whether to ask one or more of the student(s) to deactivate their camera during the session, so as not to distract the service user
- Keep a shared online timetable, which you can both edit
- An online folder for shared plans and documents is helpful
- Ask the student how they are coping – it might not be as easy to tell if there are concerns when you are not in a shared office space
- Students have different learning styles, some will need to observe more and see you model, others will be confident to give it a go
- Some students will find case studies harder as they ‘learn by doing’, so if service users are not available then consider role plays to support them
- See if you have any expert service users who can do practice skills sessions with the students, such as taking a case history or carrying out informal assessment or intervention
- Expect students to prepare and plan sessions in the usual way
- Invite students to embrace the technology; many are very tech savvy
- Encourage them to develop online activities that are engaging
- Discuss work arounds eg if there are Wi-Fi problems, etc.