


NUTILIS CLEAR - NEW SCOOP AND MIXING INSTRUCTIONS

This year descriptions for thickened drinks will change from the UK National Descriptor three stages to IDDSI four levels – your healthcare professional will refer to them as ‘IDDSI levels’.


What does this mean for you?

The new tin will be available in community pharmacies from mid-May 2018. In order to identify whether you have received the new tin look for: a red sticker on the lid, a new green scoop in the tin (which will be smaller than the previous purple scoop), and the new IDDSI directions for use on the label (see table below).

Previous Directions for use:

UK National Descriptors	
Previous Stages per 200ml	Old purple scoop No. of scoops 
Stage 1	1 (3g)
Stage 2	2 (6g)
Stage 3	3 (9g)

New Directions for use:

IDDSI Framework	
New Levels per 200ml	New green scoop No. of scoops 
Level 1	1 (1.25g)
Level 2	2 (2.5g)
Level 3	3 (3.75g)
Level 4	7 (8.75g)

According to our Speech and Language Therapy records you have been recommended UK National Descriptor stage 3 “pudding” (9g) per 200ml. Using the new scoop you will need to move to IDDSI level 4 and have 7 scoops (8.75g) per 200ml.

This change affects the number of scoops required to thicken drinks. As a result the thickness of your drink may be slightly different. Please note the Nutilis Clear in the tin continues to remain the same.

If when you are using the new scoop you notice any of the following signs you may need to be reviewed by your Speech and Language Therapist:

- Coughing when drinking or immediately after
- Wet gurgly voice when drinking or immediately after
- Becoming short of breath when drinking
- Recurrent chest infections requiring antibiotics

Who do I contact if I am concerned?

You can contact your local Speech and Language Therapist directly.

Hastings and Rother Areas – 01424 755470 ext 5236

Eastbourne, Seaford and Hailsham Areas – 01323 446047

Can I find out more information about IDDSI?

Further information can be found at:

www.iddsi.org

UK – 08457 623653 or resourcecentre@nutricia.com

Or contact your local Speech and Language Therapy Team