

NUTILIS CLEAR - NEW SCOOP AND MIXING INSTRUCTIONS

The Royal College of Speech and Language Therapists and the British Dietetic Association advocate the adoption of the International Dysphagia Diet Standardisation Initiative (IDDSI) framework for thickening drinks. In order to align with this change, the scoops in the tins of Nutilis Clear will be changing from a purple 3g scoop to a green 1.25g scoop and the directions for use on the label of Nutilis Clear will be different. These new tins will be easily identifiable due to a red information sticker on the tin lid.

Previous Directions for use:

UK National Descriptors	
Previous Stages per 200ml	Old purple scoop No. of scoops
	
Stage 1	1 (3g)
Stage 2	2 (6g)
Stage 3	3 (9g)

New Directions for use:

IDDSI Framework	
New Levels per 200ml	New green scoop No. of scoops
	
Level 1	1 (1.25g)
Level 2	2 (2.5g)
Level 3	3 (3.75g)
Level 4	7 (8.75g)

THIS CHANGE AFFECTS THE NUMBER OF SCOOPS REQUIRED TO THICKEN DRINKS.

Please refer to the Speech & Language Therapy (SLT) recommendations in the medical notes or on Cayder to see which level of thickness each patient requires.

If in doubt, please seek advice from the Speech & Language Therapy Department on:

HRI – 604331

CHH – (77)3155



Nutilis Clear is a Food for Special Medical Purposes for the dietary management of dysphagia and must be used under medical supervision. This information is intended for Healthcare Professionals only.