

Welcome to the webinar:

Giving Voice to stammering

Monday 28 October 2019

#RCSLTwebinar

#Stammer



The
Michael Palin
Centre
for stammering

Welcome



Derek Munn

Director of Policy and Public Affairs,
RCSLT

Presenters:



Elaine Kelman

Head of the Michael
Palin Centre for
Stammering,
Whittington Health
NHS Trust



Rachel Everard

Service Director,
British
Stammering
Association



Steven Gauge

CEO, Action for
Stammering Children



Abed Ahmed

Secondary School Maths
Teacher, Washwood Heath
Academy, Stetchford; Trustee for
the British Stammering
Association



Housekeeping

- Send in chat messages at any time by using the Chat button
- Send in questions by using the Q&A button
- This event is being recorded. See here for recordings:
<https://www.rcslt.org/webinars>
- Kaleigh Maietta is on hand to help!

Aims and objectives

After attending the webinar, delegates will:

- Hear about how speech and language therapists work with and can support people who stammer
- Learn about what the British Stammering Association and Action for Stammering Children are doing to bring about change for the better
- Hear first-hand the experience of living with a stammer
- Learn some basic dos and don'ts for speaking to or working with people with stammer



Elaine Kelman

Head of the Michael Palin
Centre for Stammering,
Whittington Health NHS Trust

Elaine Kelman

- Consultant Speech & Language Therapist
- Head of Michael Palin Centre
- RCSLT Adviser for Stammering

What's the latest research?

- Why do children stammer?
- Which children should we offer therapy to?
- Which therapy works best?
- The impact of stammering

Our role as therapists

- The language we use
- Balancing 'it's ok to stammer' and therapy

Getting support

- CENs
- Michael Palin Centre helpline for therapists
- Michael Palin Centre training courses and supervision
- Michael Palin Centre website

www.michaelpalincentreforstammering.org



Steven Gauge

CEO, Action for Stammering Children



The
Michael Palin
Centre
for stammering

Suffering in Silence

Steven Gauge, CEO, Action for Stammering Children



What was our objective?



- To evaluate the extent to which specialist stammering services are available to children across the UK

What did we do?

- November 2018 – August 2019, FOI requests sent to:
ENGLAND – local authorities; clinical commissioning groups (CCGs);
NHS Trusts (providers)

Scotland – health boards & councils

Wales – health boards & councils

Northern Ireland – health & social care trusts

What did we find?

- Around half of areas in England, Scotland & Wales offer specialist stammering services
- Over $\frac{3}{4}$ of Health & Social Care Trusts in Northern Ireland offer specialist stammering services
- In Scotland, 65% of Health Boards only offer some postgraduate training
- Qualitative data – supported idea of very mixed experiences of SLT support for children & young people who stammer
- Commissioning in England is complex and made it difficult to evaluate service provision (see Children's Commissioner Report)

Additional factors to consider

- Demand – capacity ratio > suggests not enough SLTs in some areas for the amount of need
- Only considered NHS providers – in parts of England, up to half of speech therapy is provided outside the NHS. What types of specialist provision are in place in non-NHS organizations (if any)?
- Those who reported access to specialist service, many comprised either a handful of SLTs and/or service only available for part-week and/or covering large geographical areas

Policy recommendations



- Local access to specialist stammering services for every child who stammers across England, Scotland & Wales
- Early intervention should be prioritized
- Health & Education need to work more closely together



Rachel Everard
Service Director, British
Stammering Association

STAMMA

The British Stammering Association trading as Stamma

5 YEAR PLAN

VISION & MISSION



BUILD COMMUNITY SUPPORT



We recognise the importance of building communities and the empowerment that brings. We will ensure our learnings around work to new website, use the new site to platform stories, showcase setting up local / online groups.

EDUCATE THE PUBLIC



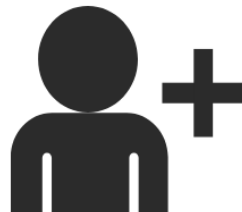
We will run public campaigns so that the public understand that stammering in adults is largely a neurological condition, and often hereditary. So that they are better informed about what it is like to stammer; so that the public are better able to respond to someone who stammers.

BE EFFECTIVE & EFFICIENT



We will invest in our people, our fundraising, our communications and our systems to create a sustainable organisation. We will ensure financial stability by investing in our capacity to raise funds and meet our reserves policy. Initially, we will use our reserves to invest in the major change set out in this strategy.

REACH MORE PEOPLE



We will reach and help more people who stammer, and provide information, support, signposting. We will make sure our information is easily available, relevant and shareable. We will help connect them up with local and national networks and groups.

OUTDOOR ADVERTISING



ISAD



STAMMA

ADVOCATING FOR PWS



STAMMA HELPLINE

TALK TO SOMEONE



☎ Just speaking to someone who understood

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Talk to Someone

Therapy & Courses

For Parents

In Education

At Work

The Law

Apps & Devices

Everyday Tips

HELPLINE

For information & support

Call free on 0808 802 0002

Weekdays 10am-12pm, 6pm-8pm

Confidential, anonymous

Email help@stamma.org

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SPEECH & LANGUAGE THERAPISTS



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Confidential, anonymous

STAMMIA



In preschoolers, stammering is not uncommon.

Stammering, or stuttering, affects up to 8% of children. In most children this will be short-lived.

Stammering isn't caused by nerves. It's mainly a neurological and often hereditary condition.

STAMMIA



Stammering, also known as stuttering, is not uncommon in children. About one in every 12 children will stammer.

A stammerer needn't be a barrier for school-aged children.

STAMMIA



Stammering, or stuttering, affects up to 3% of the adult population, mainly men. It isn't caused by nerves, it's primarily a neurological and often hereditary condition.

As a young adult, stammering can really suck.

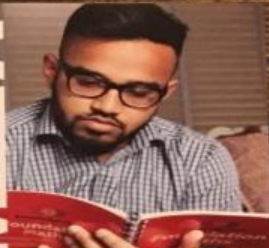
STAMMIA



Stammering, or stuttering, affects up to 3% of the adult population, mainly men. It isn't caused by nerves, it's mainly a neurological and often hereditary condition.

In adults, the question you face is how you deal with your stammer.

STAMMIA



Stammering affects up to 8% of children, which means 1 to 2 children in every class of 30 may have a stammerer.

You may hear a child repeat, prolong and/or block on sounds and words. Or you may hear nothing as some children swap words and avoid talking because of the shame, frustration and fear of being 'found out'.

As a teacher or teaching assistant you can have a transformative role in supporting these children.

YOUR VOICE

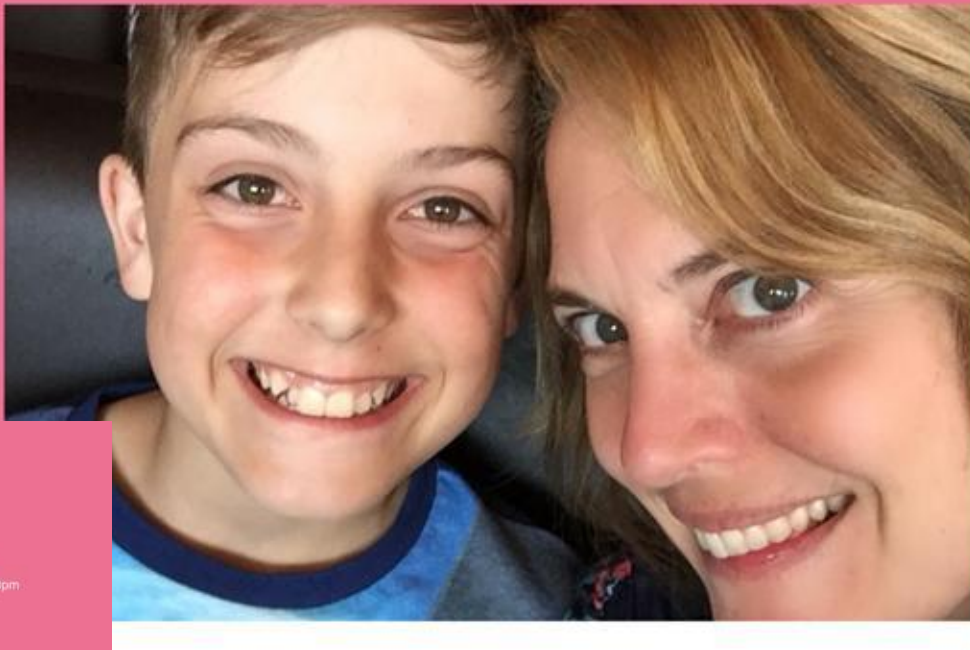
STAMMERING GIVES ME AN EDGE



WILL MY CHILD STAMMER TOO?



ACCEPTING MY CHILD'S STAMMER



HELPLI

For information
Call free on
Weekdays 1
Confidential,
Email [help@](mailto:help@stamma.org)

USEFUL

For Parents

About one in
stammer. So
you're not al
information a

HELPLINE

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USEFUL LINKS

For Parents →

About one in every 12 children will
stammer. So if your child stammers,
you're not alone. Here you'll find
information and support.

SUPPORT IN THE WORKPLACE

AT WORK



Don't let your stammer hold you back from the job or career you

IN THIS SECTION

Talk to Someone
Therapy & Courses
For Parents
In Education

At Work

Job Hunting & Interviews
Stammering at Work
Reasonable Adjustments

The Law

Apps & Devices
Everyday Tips

HELPLINE

For information & support

RECRUITMENT



Just because someone has a stammer, doesn't mean they won't be the best person for the job.

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Join us and help create
a better world for
people who stammer.

stamma.org/join

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waiting for ER

British Stammering Association trading as "Stamma". Reg charity number: 1059612/20208864 stamma.org

STAMMA

Join us and help create
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people who stammer.

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British Stammering Association trading as "Stamma". Reg charity number: 1059612/20208864 stamma.org

STAMMA

MERCHANDISE



THE STAMMERING COMMUNITY





Abed Ahmed

Secondary School Maths Teacher,
Washwood Heath Academy,
Stetchford; and Trustee for the
British Stammering Association

Advice for people who stammer



Abed Ahmed @stammer_teacher

Advice for all those
who stammer and
those who come
across PWS

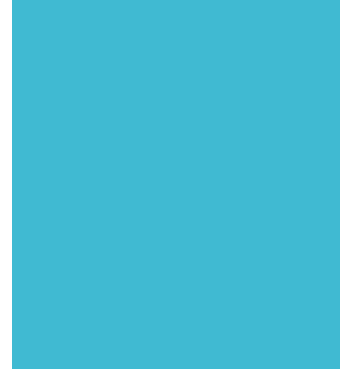
28th October 2019

#RCSLTwebinar

The start of my
journey and what
advice I would give..



Applying to University and what advice I would give..



My University experience and what I learnt..



Following
University and
what advice I
would give..



Advice for individuals who stammer

- Feel the fear and do it anyway!
- Seek to thrive, rather than survive
- Talk to others
- Link in with others (local, national and international networks; social media).
Join the British Stammering Association
(www.stamma.org)

Advice for educators who work with PWS

- **Consider:** are your teaching and learning opportunities inclusive? How do you ensure students and colleagues know that it's okay to stammer?
- You don't need to know all the answers
- Liaise with your Disability Team
- Find out more: BSA; STUC
- Spread the word! (International Stammering Awareness Day: 22nd October)

Any Questions?



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