



February 2020 Awareness Events

There are a number of awareness events during February that are relevant to people with communication and swallowing needs. If you are interested in promoting how speech and language therapy transforms lives in these areas, RCSLT has a range of resources to support your campaigning and influencing.

If you know of any other February awareness events, please let us know on info@rcslt.org.

3-9 February - Children's Mental Health Week

Theme: Find Your Brave

Colours: blue, orange

@RCSLT resources:

- Children and Young People with SEMH: <https://www.rcslt.org/-/media/Project/RCSLT/rcslt-social-emotional-mental-health-factsheet.pdf>
- The Five Good Communication Standards and SEMH: <https://www.rcslt.org/-/media/docs/FGCS-and-SEMH.pdf?la=en&hash=C014E3A15B766411ABE626153538DF022A8A81A1>
- RCSLT webinar: https://www.youtube.com/watch?v=8Fe96A_FjR4

For more information:

- <https://www.childrensmentalhealthweek.org.uk/>
- <https://cypmhc.org.uk/>

#childrensmhw

4 February - World Cancer Day

Theme: I Am And I Will

Colours: blue, orange

@RCSLT resources:

- Head and Neck Cancer: <https://www.rcslt.org/-/media/Project/factsheet-head-neck-cancer.pdf>
- Swallowing/Head and Neck Cancer: <https://www.rcslt.org/-/media/Project/RCSLT/rcslt-swallowing-head-neck-cancer-factsheet.pdf>
- RCSLT clinical resources: <https://www.rcslt.org/speech-and-language-therapy/clinical-information/head-and-neck-cancer>

For more information:

- <https://www.worldcancerday.org/>

#IAmAndIWill

10 February - Time to Talk Day

@RCSLT resources:

- Children and Young People with SEMH: <https://www.rcslt.org/-/media/Project/RCSLT/rcslt-social-emotional-mental-health-factsheet.pdf>
- The Five Good Communication Standards and SEMH: <https://www.rcslt.org/-/media/docs/FGCS-and-SEMH.pdf?la=en&hash=C014E3A15B766411ABE626153538DF022A8A81A1>
- Mental Health: <https://www.rcslt.org/-/media/Project/RCSLT/rcslt-mental-health-rcslt-factsheet.pdf>
- RCSLT clinical resources – adults: <https://www.rcslt.org/speech-and-language-therapy/clinical-information/mental-health-adults>
- RCSLT clinical resources – children and young people: <https://www.rcslt.org/speech-and-language-therapy/clinical-information/social-emotional-and-mental-health>

For more information:

- <https://www.time-to-change.org.uk/>

#TimeToTalk

15 February - International Angelman Day

Colour: blue

For more information:

- <https://www.angelman.org/make-an-impact/international-angelman-day/>

#InternationalAngelmanDay

25 February - International Cochlear Implant Day

@RCSLT resources:

- <https://www.rcslt.org/speech-and-language-therapy/clinical-information/deafness>

#InternationalCochlearImplantDay

29 February - Rare Disease Day

For more information:

- <https://www.rarediseaseday.org>

#RareDiseaseDay

@rarediseaseday